

**Aging & Disability Resource Center of Grant County
Board Minutes
May 15, 2024**

The meeting was called to order by Committee Vice Chair Mark Stead at 9:00 a.m.

Attendance: Vicki Hirsch, Mark Stead, Lori Reid, Kathy Kopp, Robert Keeney, Lester Jantzen

Others Present: Courtney Brookhart, Shane Drinkwater, Tonya White (z)

Excused: Gary Kjos

Compliance with Open Meeting Law:

It was noted the meeting is in compliance with the open meeting act. (Published via website, radio, newspaper and posted at the Grant County Administration Building and CSB).

Agenda Approval:

Jantzen/Kopp: Motion to approve the agenda. Motion carried.

Approval of Minutes: March 20, 2024

Kopp/Hirsch: Motion to approve the March 20, 2024 minutes. Motion carried.

Public Comment/Communication:

None

Advocacy Reports or Activities

- **ADRC Regional Board Report:** Reid stated discussions were about funding updates and staying regional.
- **Aging Advocacy Day Update:** Reid stated that Courtney Brookhart and Emily Reuter attended the event. Brookhart reviewed the five topics discussed with legislators.
- **Farmers Market Vouchers start June 1:** Reid discussed the Farmers Market Vouchers program. Vouchers are disbursed from June 1 to September 30. This year they are \$45. Maggie Milcarek with UW-Extension FoodWise will be doing some nutrition education at the Boscobel and Platteville meal sites.
- **Upcoming Events:** Reid stated that May is Older Americans Month and we are promoting upcoming events.
 - Dementia 101 & Memory Screens: May 15, 5 p.m. Muscoda Library
 - Dementia 101 Lunch & Learn: May 20, 11 a.m. Lancaster Meal Site
 - Mind Over Matter: Healthy Bowels, Healthy Bladder: May 29, June 12, June 26 at 5 p.m. Lafayette County Multi-Purpose Room, Darlington
 - Medicare 101: June 21 1:30 p.m. CSB, Lancaster

Reid will share more information about an upcoming Brain Health – Dementia Live event.

Nutrition Update – Platteville, Muscoda, Boscobel sanitizer, Midwest Meals – mail order service

Brookhart shared that the average number of congregate participants in Platteville is around 10. The partnership with Pioneer Ridge is going well.

The Muscoda meal site re-opening for congregate dining April 30. They will be open Tuesdays, Wednesdays, and Thursdays. There hasn't been much participation yet, but more advertising will be done and Brookhart is hoping the summer months will bring more people in.

The dish machine at the Boscobel meal site has died. Brookhart received a quote for a new machine and looked into a leased machine through Sysco/Ecolab. Brookhart and Reid will work with the City of Boscobel to replace the machine.

Brookhart talked about Midwest Meals, a mail order meal service in the Wisconsin area. Meals are prepared fresh weekly and can be delivered directly to a person's home. The average cost is \$10/meal. Brookhart provides mail order meal service information to consumers that are out of range for meal delivery. Reid stated this may be something we have to look into in the future as more people are staying in their homes longer and live outside delivery routes.

Brookhart stated the pilot is complete for meal prioritization. There will be a couple more meetings to discuss data and how to improve the process. GWAAR expects to roll out the new process statewide July 1.

Approval of Vouchers

Hirsch/Kopp: Motion to approve vouchers. Motion carried.

Financial Report: Reid reviewed the revenue that still needed to be moved.

Kopp/Jantzen: Motion to accept the financial report. Motion carried.

Reports

ADRC – Grant County Director's Report

- April was National Volunteer Month and gifts were given to volunteer drivers and nutrition volunteers.
- Reid has been working on the Aging Plan.
- Reid was interviewed by a GWAAR board member on service delivery to aging programs.
- Reid attended Medicare focused trainings.

ADRC – Program Report

- Brookhart reviewed the nutrition report.

Stead/Jantzen: Motion to adjourn. Motion carried.

Next meeting: June 19, 2024 at 9:00 a.m.