

You are NOT ALONE



Grant County Crisis Services

Experiencing a behavioral or mental health crisis?
Crisis services can provide:

Someone to Talk to

Crisis workers can provide crisis counseling, supportive listening or referrals to appropriate behavioral health services for longer term services.

Someone to Respond

Crisis workers provide evidence-based risk assessment and safety planning. They create follow-up care plans that help identify and address risk factors. They can involve other professionals or natural supports to try to help the person navigate their crisis.

A Place to Go

Crisis workers strive to use the least restrictive necessary interventions to keep a person safe. They offer voluntary referrals to services ranging from outpatient, crisis stabilization centers or inpatient hospital stays. As a last resort, they can evaluate the person for an involuntary hospitalization, commonly called an emergency detention. Crisis services are NOT an automatic referral to law enforcement or hospitalization.

Contact help by:

- Calling (or texting) 1-800-362-5717 which connects you to local mobile crisis staff from Unified Community Services (UCS) or, during off-hours, Northwest Connection's staff.
 - Anyone in Grant or Iowa County is eligible.
 - Do NOT have to be a UCS client.
- Dialing 988 takes you to Wisconsin's Lifeline. This goes to Family Services and is answered 24/7/365.
- Texting HOME to 741741 will connect you with the Crisis Text Line 24/7
- Calling 1-866-488-7386 or texting 678-678 connects you with Trevor Project LGBTQ+ crisis intervention.



A special thank you to the Iowa County Health Department for allowing us to use their content for this ad.

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