

# How Long Should I Isolate?



If you have symptoms of COVID-19 or test positive, **isolate** and separate yourself from other people in your home.

## If you have symptoms of COVID-19:

- **Stay home and isolate** for at least 24 hours after you are free of fever without the use of fever-reducing medications, other symptoms have improved, **and** at least 5 days have passed since your symptoms began.
- **Get tested** for COVID-19 immediately.
- Continue to **wear a well-fitting mask** around others for an additional 5 days after isolation.
- **Avoid travel** and locations where wearing a mask consistently is not possible.



**If No Fever and Symptoms\* Improved, End Isolation and Continue Wearing Mask Around Others**

\*If your symptoms have not improved, stay home until you are fever-free for 24 hours without the use of fever-reducing medication and other symptoms have improved. Continue to wear a mask in public and around other members of your household for an additional 5 days after isolation.

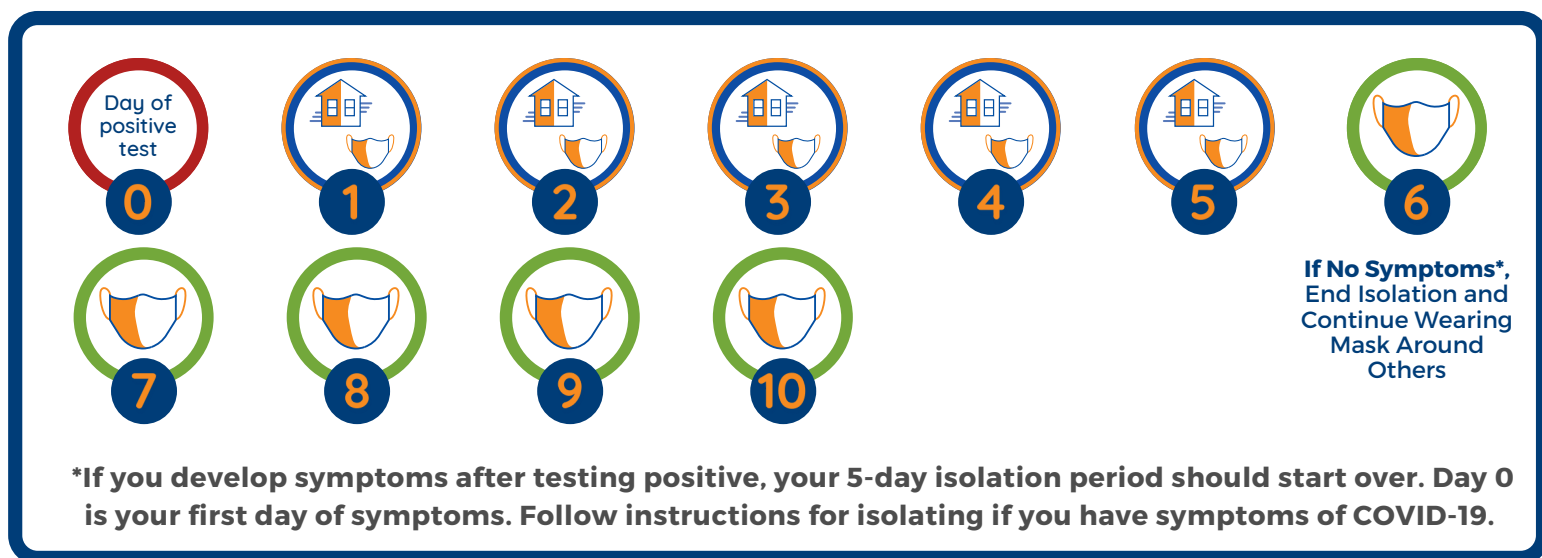
If you are unable to wear a mask, isolate for 10 full days. Avoid spending time around people who are immunocompromised or at high-risk for severe disease.

# How Long Should I Isolate?



## If you have COVID-19 and do NOT have symptoms:

- **Stay home**, isolate, and wear a well-fitting mask if you are around others. You can end isolation after 5 full days if you continue to have no symptoms.
- **Wear a well-fitting mask** around others for an additional 5 days after isolation.
- **Avoid travel** and locations where wearing a mask consistently is not possible.



If you are unable to wear a mask, isolate for 10 full days. Avoid spending time around people who are immunocompromised or at high-risk for severe disease.

This guidance applies to the general community, including workplaces and K-12 schools. This guidance does not apply to health care workers, correctional institutions, or homeless shelters.

Learn more: [www.dhs.wisconsin.gov/covid-19/diagnosed.htm](http://www.dhs.wisconsin.gov/covid-19/diagnosed.htm)