

COVID-19 Vaccine: Fertility and Pregnancy



Experts in fertility and maternal care strongly encourage people who are pregnant now or want to have children in the future to get a COVID-19 vaccine. Evidence shows COVID-19 vaccines are safe for people who are pregnant and do not cause infertility for people wanting to get pregnant or their partners.

What you need to know **before** pregnancy

- ☀ **We recognize this is an important concern, and that you would not want to do anything now that would impact your ability to get pregnant later.**



COVID-19 vaccines do not cause infertility. Listen to [one of America's best known doctors explain why.](#)

- ☀ **Data from [v-safe](#), a [fertility study](#), and [eight U.S. health care systems](#) show that COVID-19 vaccines do not prevent people from becoming pregnant.**

What you need to know **during** and **after** pregnancy

- ☀ **Vaccination is a safe, effective way to protect yourself from COVID-19.**


- Pregnant people are [more likely to get severely sick from COVID-19](#) compared to non-pregnant people. Pregnant people with COVID-19 are at higher risk for pregnancy complications than pregnant people without COVID-19.
- Your chance of getting severely sick or hospitalized is much, much lower if you are fully vaccinated.
- The vaccines protect you without the risks that come with COVID-19 infection.




Vaccination is more urgent than ever with the increased circulation of more contagious **SARS-CoV-2 variants** and the **increased risk of severe illness** and **pregnancy complications** related to COVID-19 infection among pregnant people.




☼ **Data suggests COVID-19 vaccines are [safe](#) for people who are pregnant or breastfeeding.**

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- Several studies showed **no safety concerns** for thousands of pregnant people who were vaccinated or for their babies. COVID-19 vaccines do not cause pregnancy complications.
 - An analysis of current data from the [v-safe pregnancy registry](#), previous [findings from three safety monitoring systems](#), and [other studies](#) add to growing evidence that COVID-19 vaccination during pregnancy is safe.

☼ **Getting a COVID-19 vaccine while pregnant or breastfeeding can protect those around you, and may protect your baby too.**

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- In the [largest study](#) of its kind, researchers found mRNA COVID-19 vaccines are highly effective at protecting pregnant and breastfeeding people against COVID-19.
 - In vaccinated people, antibodies that cross the placenta protect their babies during pregnancy. These antibodies also pass to babies through breastfeeding, providing additional protection once the baby is born.
 - Getting vaccinated can also protect people around you, particularly [people at increased risk for severe illness from COVID-19](#).

☼ **Pregnant people have not reported different side effects from non-pregnant people after vaccination.**

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- Pain or swelling in the arm where you got the vaccine, fever, tiredness, and headaches are normal signs the immune system is learning to fight the virus.
 - Fever—for any reason—has been linked with pregnancy complications.
 - Talk to your health care provider so you know if you should take Tylenol if you get a fever. Call 211 if you need help finding a health care provider.

Find a COVID-19 vaccine near you: Search [vaccines.gov](#), call 211, or text your ZIP code to 438829 to find locations near you.

Enroll in the [v-safe COVID-19 Vaccine Pregnancy Registry](#):
Help researchers and other pregnant people continue to learn more about the COVID-19 vaccine safety during pregnancy and the first three months of infancy.