2020 Services Guide



Mission Statement:

"The Aging and Disability Resource Center of Southwest Wisconsin is dedicated to working with adults and families who are affected by aging, disability, mental health or substance abuse issues, by providing information and access to services to enhance their quality of life".

Dear Consumer,

Thank you for contacting the Grant County office of the Aging & Disability Resource Center of Southwest Wisconsin. We are happy to provide you with resources and information* for yourself and/or your loved ones.

If you find you need more information about a service other than the telephone number and website, you may contact the Aging & Disability Resource Center (ADRC) at 608-723-6113 or 1-800-514-0066.

If you notice a service or an organization that is not listed, please call the Aging & Disability Resource Center to request inclusion in the next publication.

The Aging and Disability Resource Center operates its programs and services without regard to race, color, and national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with the Aging & Disability Resource Center

* Please Note: This directory may not include all agencies serving Grant County residents and is not a recommendation for any provider. The ADRC cannot endorse or recommend any organization, product, or service.

ADRC Grant County Office Staff Directory

608-723-6113 or Toll Free 1-800-514-0066

Lori Reid, Aging & Disability Resource Center Director		
Nicole Baumeister, Aging & Disability Resource Center Supervisor		
Lecia Lenz, Information & Assistance Specialist		
Stephani Staskal, Information & Assistance Specialist		
Madelyn White, Information & Assistance Specialist		
Emily Reuter, Elder Benefit Specialist (serving consumers 60+ years)		
Christian Bremmer, Disability Benefit Specialist (serving consumers 18-59)		
Courtney Brookhart, Aging Program Coordinator, Administrative Assistant		
Miriah Glasbrenner, Administrative Assistant, Transportation Admin. Asst.		
Sheila Vella, Office Assistant		

ADRC Services

Information & Assistance Specialists (I&A)

Information & Assistance Specialists provide up-to-date information on many services and resources, including, but not limited to: home health agencies, transportation services, public benefits, housing options, personal care agencies, senior dining sites, home delivered meal programs, support groups, prevention classes, managed care, selfdirected support waivers and much, much more!

- Options Counseling: Provides information to assist people to make informed choices about long term care options. When meeting with individuals and their families, an Information & Assistance Specialist will review the individual's personal history, preferred lifestyle and goals for the future; and will engage in a conversation about the full range of long-term care options available to the individual to maximize their independence and self-reliance.
- Special Needs Youth Transition: If you are a young adult transitioning from the school system and/or children's programs to adult programs, the Aging & Disability Resource Center is here to help you and your family make that transition as smooth as possible. Many changes in disability services occur when a student is between the age of 18 and 21. Information & Assistance Specialists at the Aging & Disability Resource Center can assist in answering questions you may have. We also have Youth in Transition booklets available at no cost.
- Long Term Care Programs: The ADRC is responsible for helping people access publicly funded long term care programs and assisting them in understanding all available options. We do this by determining functional eligibility, facilitating the financial

- eligibility determination process and assisting with the enrollment process.
- Nursing Home Relocation: Some nursing home residents may qualify for care in the community rather than in the nursing home. Information & Assistance Specialists can explain these options to interested individuals.

Benefit Specialists

Elder Benefit Specialist: Assists persons age 60 and older to obtain access to needed benefits and programs.

Disability Benefit Specialist: Assists persons aged 17 and 9 months -59 to obtain access to needed benefits and programs.

Benefit Specialists can help in accessing both private and public programs and benefits, and can provide information about consumer rights. They can provide information and advocacy on a wide range of issues and assist with the application and/or appeal process for public and private benefits like Medicare, Social Security, Medicaid, Disability, Senior Care, Supplemental Security Income and Medigap Insurance. Many of the benefit issues that people over the age of 60 and adults with disabilities face are very complex. Benefit Specialists assess the situation and discuss options so that persons can make an informed decision.

Grant County Nutrition Program/Meals on Wheels

Are you familiar with our Senior Dining Centers? Check one out today! In addition to the nutritious meal and variety in menu, the nutrition program offers opportunities to enjoy a meal, join a fun activity, and socialize with friends! Transportation is available to several dining sites on designated routes and days. Other options available for eligible home bound individuals are Meals on Wheels or frozen meals.

National Family Caregiver Support Program

The Family Caregiver Support Program provides:

- o Information to caregivers about available programs and services;
- o Assistance in gaining access to services;
- o Individual counseling, support groups and trainings to assist caregivers;
- o Temporary and limited respite for caregivers; and
 - Supplemental services (on a limited basis) to complement the care provided.

Eligible Caregivers must be:

- o An adult family member or another individual who is an informal or unpaid provider of in-home community care to someone over 60 years of age or to an individual with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction
- o Grandparent or relative caregivers providing care for adult children with a disability, who are between 19 and 59 years of age. These caregivers must be age 55 years and older and cannot be the child's parent.

Transportation Services

Need a ride? The ADRC may be able to assist you! The ADRC provides low cost transportation* for adults with disabilities and persons age 60 and over through our taxi and bus services, wheelchair van and volunteer driver escort program.

*All transportation services are based upon availability and restrictions. Please call to discuss your needs.

Prevention & Wellness Workshops

Living Well with Chronic Conditions Program: Six week workshop offers a self-management program to address practical ways to deal with pain and fatigue. You will discover better nutrition and exercise choices, learn about new treatment choices and practice new communication styles and more.

Stepping On: Seven week workshop that offers fall prevention techniques and strength building exercises. Professional speakers address proper shoe fitting, medication management and strengthening exercises.

Healthy Living with Diabetes Program: Management of diabetes lies almost entirely in the hands of those who live with the condition. It is vital that individuals with diabetes have the resources they need for effective self-management. This program targets individuals in the community and facilities to help achieve this.

Powerful Tools For You: Taking Care of the Caregiver: Six week course to help family caregivers build communication skills, make tough care decisions, set goals, lower caregiving related stress and learn about available resources.

Arthritis Toolkits: The toolkit offers a unique approach to managing arthritis. The toolkit contains a self-test which identifies how to use the book. It includes an exercise CD and relaxation CD, written information and the Arthritis Help Book. The toolkits are available for 6-8 weeks.

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Check out our new Facebook page & Website www.adrcswwi.org



INFORMATION & REFERRAL

Aging & Disability Resource	608-723-6113
Center	Toll Free 800-514-0066
Alzheimer's & Dementia	608-723-4288
Alliance	Toll Free 888-308-6251
ABC for Health (Advocacy for	608-261-6939
Health Benefits)	Toll Free 800-585-4222
www.safetyweb.org	
Great Rivers 2-1-1	211
	608-647-8053
Independent Living Resources	Toll Free 877-471-2095
National Multiple Sclerosis	Toll Free 800-344-4867
Society-Wisconsin Chapter	262-369-4400
www.nationalmssociety.org	
So. Regional Center for	
Children & Youth with Special	800-532-3321
Health Care Needs	
UW-Extension	608-723-2125
Wisconsin Family Ties	608-267-6888
www.wifamilyties.org	Toll Free 1-800-422-7145

CRISIS LINES

Police/Sheriff Emergencies	911
Crisis Text Line	Text HELLO to 741741
"A Cry for Help"	800-273-8255
Family Advocates, Inc. 24 hour	800-924-2624
Crisis Line	
Grant Co. Sheriff Department	608-723-2157

Non-Emergencies	
Grant County Suicide Crisis	800-362-8255
Line	
Great River 2-1-1	211
Red Cross	608-723-6280 or
	Toll Free 888-733-2767
Suicide Prevention 24/7 Hotline	800-273-8255 or 608-280-2600
Unified Community Services 24-	800-362-5717
hour Crisis Line	
Veteran's Hotline	800-273-8255

VETERAN'S SERVICES

Grant County Veterans Service Office	608-723-2756
Veteran's Van Transportation	
(Schedule a ride is between 9:00am-6:00pm)	608-301-7141
William S. Middleton Veterans Hospital-	
Madison, WI Triage Nurse Advice Line	888-598-7793

IN-HOME SERVICES



There are a variety of services and programs that can be brought into the home to assist in keeping people safe and helping them to be more independent. Listed below are some of the more common services used. Other service and program information can be obtained from the ADRC.

Emergency Medical Alert Systems

When emergency help is needed, the user can press the transmitter's "help" button, sending a radio signal to the console (connected to the user's telephone). This causes the console to automatically dial one or more pre-selected emergency telephone numbers. The transmitter can

be worn around the wrist, neck, or attached to a belt loop. Some systems have the ability to sense when a person has fallen, and automatically calls for emergency help. There is a set-up fee and monthly charge. In addition to the list below, some retail businesses sell similar response systems as well.

Grant Regional Health Center "Lifeline"	608-723-2143
Jo-Carroll Energy "First Call-Med Link"	800-858-5522
Mercy Hospital-Dubuque "Lifeline" (part of	
Grant County)	563-589-8000
Crossing Rivers Health Hospital- "Lifeline"	
	608-357-4222
Upland Hills "Lifeline"	608-930-7210
SSM Health at Home	1-800-924-2273
Richland Electric Cooperative-"First Call"	608-647-3173
Lifestation	866-770-1396
Senior Safety	
www.seniorsafety.com	888-473-2800
HelpNow Medical Alert	866-743-7348

Personal Care Services/Supportive Home Care

Agencies listed below provide a wide variety of services to support individuals to live successfully at home. These services may include: meal preparation, personal care (bathing, dressing, etc.), housekeeping, errands, laundry, respite and more.

Home Care Select	
www.homecareselectinc.com	608-725-5190
Homeward Bound Inc.	
www.hcbcare.com	608-723-6601
Home Instead Senior Care	
www.homeinstead.com	563-585-1409

Integrity Home Care Solutions	
www.integrityhomecaresolutions.com	608-987-0470
Lori Knapp	
www.loriknappinc.com	608-326-5536
MCFI Home Care	414-290-0050
www.mcfi.net	Toll free 888-381-5696
Southwest Home Care	608-348-4558
www.southwesthomecareangels.com	888-611-7632
Southwest Opportunities Center	
www.socinc.org	608-723-6659
Community Living Alliance	
www.clanet.org	608-242-8335

Home Health

A Home Health Agency is an organization that provides part-time and intermittent skilled nursing and other therapeutic services on a visiting basis to persons in their homes. These services may include: nursing, wound care, physical, occupational, and speech therapies. Personal care services only with a skilled nursing care need.

Grant County Health Department	
www.co.grant.wi.gov	608-723-6416
Homeward Bound Inc.	
www.hwbcare.com	608-723-6601
Marquardt Home Health	0.4.4.000, 4000
www.marqeardtathome.org	844-206-4930
Maxim Healthcare Services	
www.maximhealthcare.com	608-232-0200
Mercy One Dubuque Home Care	563-589-8899 or toll free
www.mercydubuque.com	1-877-416-9763
Recover Health	
www.recoverhealth.org	608-274-8193

SSM Health at Home Health	
https://www.ssmhealth.com/	608-241-6951
Unity Point at Home	563-583-5833
www.unitypoint.org	
University Hospital Home Health	
Agency/Chartwell Midwest WI	
www.uwhealth.org/homecare/uw-	
health-home-agency/11176	
	608-203-2273
Upland Hills Home Health	
www.uplandhillshealth.org	608-930-7210

End-of-Life Resources

Hospice Agencies

Hospice provides a full range of palliative and supportive services for terminally ill people who are in the final stages of their illnesses. Services may include: medical care, pain & symptom management, home nursing visitation, bereavement services (for the patient and members of the family), counseling etc.

Grant County Hospice	
www.grantcountyhospice.com	608-723-6416
Agrace Hospice	
www.agrace.org	608-348-4797
Home Instead Senior Care	
https://www.homeinstead.com/	563-564-4421
Hospice of Dubuque	
www.hospiceofdubuque.org	563-582-1220
SSM Health at Home	
https://www.ssmhealth.com/	800-924-2273

St. Croix Hospice	608-348-2778
www.stcroixhospice.com	855-278-2764
Unity Point	
www.unitypoint.org	563-583-5833
Upland Hills Hospice	
www.uplandhillshealth.org	608-930-8000

Funeral Homes

For website information, please see: www.funeralhomesguide.com/Wisconsin/WI.html

Bloomington	Martin Funeral Home and Cremation Services	608-944-2796
Boscobel	Beeman Patchak Funeral Home	608-375-4116
Boscobel	Kendall Funeral Service	608-375-5252
Cassville	Martin Funeral Home and Cremation Services	608-725-5790
Cuba City	Casey Funeral Home	608-744-2714
Cuba City	Haudenshield Funeral Home	608-744-2400
Fennimore	Larson Family Funeral Home	608-822-6512
Kieler	Haudenshield Funeral Home	608-568-3550
Lancaster	Martin Funeral Home and Cremation Services	608-723-6381
Lancaster	Schwartz Funeral Home and Cremation Services	608-723-4500
Montfort	Soman Larson Funeral Home	608-943-6906
Muscoda	Godager Pratt Funeral Home	608-739-3511
Platteville	Martin Schwartz Funeral Home and Cremation Services	608-348-2446
Platteville	Melby-Bendorf Funeral Home	608-348-2121
Potosi	Martin Funeral Home and Cremation Services	608-763-2281



HEALTH SERVICES

Local Clinics

Grant County Health Department (blood pressure & immunization clinics, TB skin testing, flu clinics, medicaid, personal care	
programs). Walk-in services are available.	608-723-6416
Boscobel	
Gundersen Area Hospitals and Clinic	608-375-4112
Boscobel Clinic	608-375-4144
Cuba City	
The Cuba City Clinic of Southwest Health	608-744-2767
Medical Associates	608-744-2115
<u>Fennimore</u>	
High Point Family Medicine	608-822-3363
Fennimore Gundersen Clinic	608-822-3737
Crossing Rivers Health Fennimore	608-357-2500
<u>Lancaster</u>	
High Point Medical Clinic	608-723-3100
Grant Regional Community Clinic	608-723-2131
Family Medical Center	608-723-4300
<u>Montfort</u>	
Upland Hills Area Health Clinic	608-943-6308
<u>Muscoda</u>	
Muscoda Health Center	608-739-3113
Riverside Family Practice	608-739-3138
<u>Platteville</u>	
Platteville Clinic at Southwest Health	608-348-4330
Medical Associates	608-348-6266

Neighborhood Health Partners	608-348-9766
Advanced Pain Management	888-901-7246
Platte Medical	608-342-1412

Free or Reduced Fee Health-Care Clinics:

Please contact the clinics for more information

Clarity Clinic of Southwest Wisconsin	
(Platteville)	608-348-5787
IN Health Community Wellness Clinic	
(Boscobel)	608-375-4324
Community Connections Free Clinic	
(Dodgeville)	608-930-2232
Richland Community Free Clinic (Richland	
Center)	608-647-6161
Crescent Community Health Center (Dubuque)	563-690-2850

Free or Reduced Fee Dental Clinics:

Please contact the clinics for more information

Crescent Community Health Center (Dubuque)	563-690-2850
Darlington Regional Dental Clinic	608-776-2082
Donated Dental	888-338-6852
Access Community Health Center (Dodgeville)	608-935-5550

Hospitals in Grant County:

	608-375-4112
Gundersen Boscobel Area Health Care	866-662-2242
Grant Regional Health Center	608-723-2143
Southwest Health Center	608-348-2331

Mental Health Services in Grant County:

National Alliance on Mental Illness (NAI	MI) 608-391-0794
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Platteville Family Resource Center	608-348-4060
Southwest Behavioral Services	608-348-3656
Unified Community Services	608-723-6357
Upland Counseling Associates	608-935-2838
WKM Psychology	608-342-4853

Medication Disposal Drop Off Box

Safely disposing prescribed or over-the-counter medication can have a positive impact in safeguarding lives and protecting the environment by disposing of unused medicines properly. Grant County currently offers the following locations that will accept pill form medications. Call ahead about liquid medications to see if they will be accepted.

Boscobel Police Department	608-375-4122
Dickeyville Police Department	608-568-7284
Fennimore Police Department	608-822-3215
Lancaster Police Department	608-723-4188
Muscoda Police Department	608-739-3144
Platteville Police Department	608-348-2313

Medical Equipment and Supplies



Aging & Disability Resource Center "Loan	
Closet"	
www.co.grant.wi.gov	608-723-6113
Access to Independence, WisLoan	
www.accesstoind.org	800-362-9877
American Cancer Society	
www.cancer.org	800-227-2345
Apria HealthCare	
www.apria.com	800-365-8600
Boscobel Pharmacy, Inc.	

www.boscobelpharmacy.com	608-375-4466
Grant County Health Department "Loan Closet"	
Minimal rental cost – call for details	608-723-6416
www.co.grant.wi.gov	
Independence First (formerly Wheelchair	
Recycling Program)	
www.wrp.org	608-243-1785
J & B Medical Supply	
www.jandbmedical.com	866-674-5850
Unity Point at Home	
www.meriter.com	800-236-1052
Mercy Homecare Medical Equipment	
www.mercydubuque.com	800-637-2944
Upland Hills Health Hometown Medical	
Equipment	
www.uplandhillshealth.org/home_equipment	608-348-6250
St. Vincent de Paul Society	
http://www.svdpusa.org/AssistanceServices	608-739-4222
Home Health United	855-332-6882
www.homehealthunited.org	

Pharmacies

Boscobel:	
Boscobel Pharmacy	608-375-4466
Cuba City:	
Hometown Pharmacy	608-744-2440
Fennimore:	
Hartig Drug	608-822-3601
Lancaster:	
Hartig Drug	608-723-4737
Muscoda:	
Hometown Prescription	608-739-4400
Platteville:	

Hartig Drug	608-348-9771
Southwest Pharmacy	608-342-6200
Walgreens	608-348-7611
Wal-Mart Pharmacy	608-348-4733

SERVICES FOR THE HEARING IMPAIRED

Office for the Deaf and Hard of Hearing (ODHH)	
www.dhs.wisconsin.gov/sensory	855-359-5252
Wisconsin Telecommunication Relay System	
(TRS)	771 or 800-
TTY	947-6644
Customer Service	800-947-3529
TTY	800-395-9877
www.wisconsinrelay.com	800-283-9877
Center for Sight and Hearing	800-545-0080
TTY/TDD	815-332-6820
www.centerforsighthearing.org	
Telecommunications Equipment Purchase	
Program (TEPP)	800-251-8345
TTY	608-267-1479
www.tepp.wipfli.com	
Wisconsin Lions Foundation-Hearing Aid	
Program	715-677-4969
<u>www.wlf.info</u>	

SERVICES FOR THE BLIND OR VISIUALLY IMPAIRED

Office for the Blind/Visually Impaired	
www.dhs.wisconsin.gov/blind	888-879-0017
Center for Sight and Hearing	800-545-0080
TTY/TDD	815-332-6820

www.centerforsightandhearing.org	
Division of Vocational Rehabilitation (DVR)	
Employment Services	
http://www.dwd.wisconsin.gov/dvr/	800-228-2648
Wisconsin Council of the Blind & Visually	
Impaired	
www.wcblind.org	800-783-5213
Wisconsin Talking Book and Braille Library	
www.talkingbooks.dpi.wi.gov	800-242-8822
Braille Library and Transcribing Services, Inc	
http://www.bltsinc.org	608-233-0222
Wisconsin Lions Foundation-Eye Glass	
Recycling Program	
www.wlf.info	715-677-4969

DEMENTIA SUPPORT SERVICES

Alzheimer's & Dementia Alliance of Wisconsin	608-723-4288
http://www.alzwisc.org/	888-308-6251
Alzheimer Association	608-203-8500
www.alzwisc.org	800-272-3900
Alzheimer's Family Caregiver Support Program	
(AFCSP)	608-723-2136
National Caregiver Support Program	608-723-6113
Regional ADRC Dementia Care Specialist	
www.adrcswwi.org	800-514-0066

Memory Diagnostic Clinics

Offers a comprehensive team approach to assessment, diagnosis and treatment. Contact the individual clinics for billing questions.

Southwest Behavioral Services	

Memory Diagnostic Clinic	
(Platteville)	608-348-3656
www.southwesthealth.org	
UW-Health Memory	
Assessment Clinic (Madison)	
www.uwhealth.org	608-263-7740
William S. Middleton Veterans	
Hospital (Madison)	
www.madison.va.gov	608-256-1901 ext. 17000
Dean Memory Assessment	
Center (Madison)	608-252-8040
www.deancare.com	
Richland Area Geriatric	
Assessment Center	608-647-6161
www.richlandmedctr.com	

ADULT SHELTERED WORKSHOPS

A sheltered workshop can provide the opportunity for socialization and independence in a safe supervised environment for adults with a wide range of abilities, ages, and needs.

Lancaster	
Southwest Opportunities Center	
http://www.socinc.org/index.php	608-723-6659
Mineral Point	608-937-3336
Hodan Community Services	
http://www.hodancenter.org/	
Prairie du Chien	
Opportunity Center	
http://www.pdcopportunitycenter.org/	608-326-6486
<u>Dubuque</u>	
Cozy Corner Adult Day Services	563-690-6900
Life Choices Adult Day Center	563-556-7560
Goodwill Adult Day Services	563-557-3158

EMPLOYMENT SERVICES

Cooperative Educational	
Services Agency/WIA Younger	
Youth	608-822-3276
Cooperative Educational	
Services Agency/Youth	
Apprenticeship	608-822-3276
Division of Vocational	
Rehabilitation	800-442-3477
Job Center of Wisconsin at	608-822-2334
SWTC, Fennimore	http://www.jobcenter.org/
Goodwill of South Central	
Wisconsin Career Center	608-268-5175
Grant Co. Dept of Social	
Service Job Center	608-723-2136
Hodan Community Services	608-967-3336
SWTC/WIA Older Youth	800-362-3322
Vernon Area Rehabilitation	
Center(VARC)	608-647-3850
Southwest Opportunity Center	608-723-6659
Food Share Employment	
Training Program(FSET)	608-723-2136
Forward Service Corporation	855-732-7471
(Wisconsin Works) W2 Program	

FINANCIAL ASSISTANCE

Grant County Department of	
Social Services	608-723-2136
www.co.grant.wi.gov	
Southern Consortium	

www.access.wi.gov	888-794-5780
ADRC- Aging and Disability	
Resource Center	608-723-6113
www.adrcswwi.org	
National Multiple Sclerosis	
Society-Wisconsin Chapter	Toll Free 800-344-4867
www.nationalmssociety.org	262-369-4400
St. Vincent de Paul	
www.svdpusa.org	608-739-4222
Southwest CAP	
www.swcap.org	608-935-2326
The Someday Foundation	
www.somedayfoundation.com	888-513-9719
Grant County Cancer Coalition	
www.grantcountycancerco.org	608-778-8169
iLife	
info@iLifefms.com	888-958-7695
Social Security	877-405-7841

Financial Counseling

UW Extension	
www.grant.uwex.edu	608-723-2125
Lutheran Social Services	608-935-9235
www.lsswis.org	
University of Wisconsin-	
Platteville	
www.uwplatt.edu	608-342-1314

Taxes

AARP Tax-Aide Program	
www.aarp.org	888-687-2277

Farmland Preservation Tax	
Credit Dept. of Land	
Conservation	608-266-2442
www.datcp.wi.gov	
Internal Revenue Service	
General Tax information	
www.irs.gov	800-829-1040
Wisconsin Housing and	
Economic Development	
Authority (WHEDA)-Property	
Tax Deferral Loan Program	
www.wheda.com	800-755-7835
Wisconsin Dept. of Revenue:	
Homestead Tax Credit	
www.revenue.wi.gov	608-266-8641

Insurance

Medicare is health insurance for people over the age of 65, people under the age of 65 with disabilities and people at any age with End-Stage Renal Disease.

Medicaid is a federal/state program which covers medical care for eligible individuals. Covers co-payments and deductibles not paid by Medicare. Medicaid will pay for long term care in a nursing home, but there are income and asset limitations to qualify.

Aging and Disability Resource Center-Benefit	
Specialist	800-514-0066
Grant County Department of Social Services-	
Medical Assistance	608-723-2136
Southern Consortium-Medical	
Assistance/Badger Care	888-794-5780
Medigap Helpline	800-242-1060
Medicare	800-633-4227
Office of the Commissioner of Insurance, WI	608-266-3585

Other Insurance(not eligible for Medicare or Medicaid)

Marketplace (Affordable Care Act	
www.healthcare.gov	800-318-2596

Prescription Drug Assistance

ADRC Benefit Specialists can help find a plan of coverage. The plan covers the cost of prescription drugs and may help lower prescription drug costs.

SeniorCare (Age 65+ and WI resident)	
http://www.dhs.wisconsin.gov/seniorcare/in	
<u>dex.htm</u>	800-657-2038
Medicare	
http://medicare.gov/	800-633-4227
Part D Helpline (Age 59 or younger)	800-926-4862
Part D Helpline (Age 60+)	855-677-2783
Needy Meds	www.needymeds.org

Energy and Utility Assistance

Fuel Assistance	608-723-2136
WI Home Energy Assistance	888-794-5780
Program(WHEAP)	
Alliant Utilities Customer Plus	800-255-4268
Salvation Army	608-475-9040
	Boscobel-608-375-4122
	Platteville-608-348-2313
	Cuba City-608-744-3575
	Lancaster-608-723-4188
Southwest CAP(weatherization,	
furnace assistance, rental	800-704-8555

assistance)	
Emergency Assistance (notice to	608-441-9083
disconnect utilities for families only)	800-771-8420

<u>Telephone Assistance</u> To qualify for telephone assistance an individual must qualify for Homestead Tax Credit, W2, Medicaid, BadgerCare, SSI, or Food Share.

Lifeline & Link-Up (monthly discount telephone bill	Call your phone company
assistance)	provider
SafeLink Wireless (free cell	
phone & minutes)	
https://www.safelinkwireless.com	800-977-3768

BENEFIT ASSISTANCE AND SERVICES

Benefit Specialists help people over the age of 60 or adults with a disability under the age of 59 in accessing both private or public programs and benefits. They can provide information and advocacy on a wide range of issues and assist with the application and/or appeal process for public and private benefits like Medicare, Social Security, Disability, SeniorCare, Supplemental Security Income, Medicaid, prescription drug coverage, and Medigap Insurance.

Aging & Disability Resource	608-723-6113
Center's Benefit Specialists	Toll Free: 800-514-0066
Southern Consortium	
www.access.wi.gov	888-794-5780
Social Security Administration	
175 W. Alona Lane Lancaster, WI	
Office open 9:00-4:00	
(Monday,Tuesday,Thursday,Friday)	
Wednesdays 9:00-Noon	877-405-7841

ADVOCACY

Greater Wisconsin Agency on Aging Resources, Inc. (GWAAR)	
(Advocacy for the Aging, Membership &	
Legal Services)	608-243-5670
Access to Independence	
(Information & advocacy for people with	
disabilities)	800-362-9877
Family Advocates Inc,-Platteville	608-348-5995
24 hour crisis line	800-924-2624
Disability Rights of Wisconsin	608-267-0214
	Toll Free 800-928-
	8778
	TTY 888-758-6049
Independent Living Resources	888-474-5745
Ombudsman Program	800-815-0015
Housing Discrimination Hotline	800-765-9372
Elected Officials	
State Legislators	800-362-9472
www.legis.state.wi.us	
Congress	202-224-3121
www.house.gov	
www.senate.gov	
Victim Witness Coordinator	608-723-2462

LEGAL SERVICES

Guardianship/Power of Attorney

Grant County Department of	
Social Services	608-723-2136
Guardianship Hotline	
Guardian@gwaar.org	855-409-9410

Wisconsin State Bar- Lawyer	
Referral and Information	
Service	800-362-9082
Southwest CAP	608-935-2326
Wisconsin State Bar Referral	
Services	800-362-9082
Corporate Guardianship –	
Southwestern Wisconsin	
Community Action Program	608-574-2808

POA HealthCare and POA Finance Forms: Department of Health Services website- www.dhs.wisconsin.gov/forms/advdirectives or can be obtained from the ADRC.

Abuse and Neglect Resources

Division of Quality Assurance,	
Southern Regional Office	800-642-6552
Bureau of Assisted Living	608-264-9888
Bureau of Nursing Home	608-266-7474
Resident Care	
Caregiver Quality	608-261-8319
Disability Rights Wisconsin,	608-267-0368
Madison	Toll Free: 800-928-8778
Grant County Department of	608-723-2136
Social Services	
Family Advocates, Inc	608-348-5995
24 hour crisis line	800-924-2624
Grant County Dept. of Social	608-723-2136
Services (Mon-Fri) 8:00-4:30pm	After Hours 608-723-2157
Wisconsin Coalition against	
Domestic Violence	
www.wcadv.org	608-255-0539
Wisconsin Coalition against	

Sexual Assault	608-257-1516
www.wcasa.org	
Passages, Richland Center	608-647-8775

General Legal Aid and Services

Better Business Bureau	800-273-1002
Wisconsin State Bar Referral	800-362-9082
Services	
Consumer Protection & Fraud	800-998-0700
Reporting	
Ombudsman Program (WI	
Board on Aging & Long Term	800-815-0015
Care)	
Legal Action of Wisconsin	608-830-1100 or 800-873-0927
205 5 th Ave South- La Crosse	800-947-3529 (TTY, VCO or
Tues. and Thurs. only	HCO)
WI Dept. of Ag, Trade, and	
Consumer Protection	800-422-7128
	608-257-0006
Tenant Resource Center Rental	Toll Free: 877-238-RENT
Rights Phone	Mediation Services: 608-257-
	2799
UW-Madison Legal Clinic	
Neighborhood Law Clinic	608 260-8221
Consumer Law Clinic	608 263-6283
Mediation Clinic	608 262-4870

FOOD RESOURCES

Nutrition Sites—Congregate Meal Sites

Congregate and home delivered meals are provided to help older persons remain healthy, active and independent. The following list is the Dining Sites in Grant County. For eligibility, contact the ADRC at 723-6113 or 1-800-514-0066.

Bagley	
400 S Jackley (Mon, Wed, Fri) 12:00PM	608-996-2031
Blue River	
201 Clinton St (Mon-Thur) 11:30AM	608-537-2787
Boscobel	
104 E. Oak St (Mon-Fri) 12:00PM	608-375-4505
Cassville 11:30AM	
100 W Amelia St (Tues-Wed-Thurs) 11:30AM	608-725-5923
Cuba City	
418 W. Palmer St (Mon-Fri) 11:30AM	608-744-2780
Dickeyville	
500 Eastern Ave (Tuesdays) 11:30AM	608-568-3612
Fennimore	
925 Eisenhower St (Mon-Fri) 12:00PM	608-822-6867
Lancaster	
714 S Washington St (Mon-Fri) 12:00PM	608-723-6500
Montfort	
102 E. Park St (Mon- Fri) 12:00PM	608-943-6299
Muscoda	
206 N. Wisconsin Ave (Mon-Fri) 12:00PM	608-739-3180
Platteville	
155 West Lewis St (Mon-Fri) 11:30AM	608-348-8042

Meals on Wheels - Home Delivered Meals/Frozen Meals

Home Delivery of Groceries

Bender's Foods, Fennimore	608-822-6112
Hartig Drug, Platteville	608-348-9771
Okey's Market, Cassville	608-725-5178
Thompson's IGA, Cuba City	608-744-2213

Nutrition Information

Wisconsin Nutrition Education	
Program(WNEP)	608-723-2125
FoodShare Program	888-794-5480
FoodShare Helpline-Second	877-366-3635
Harvest	
Senior Farmer's Market	608-723-6113
Nutrition Program	

Food Pantries

Boscobel Assembly of God	608-375-5088
301 Chestnut St	
Monday-Thursdays 9 am-3pm, must reside in	
Boscobel area	
Boscobel United Methodist Church Food	608-375-4565
Pantry-104 Buchanan St	
3 rd Saturday of each month, 8:30am-	
10:00am, must reside in Boscobel area	
Boscobel Immaculate Conception Mobile	
405 E. Legrand St	
3 rd Tuesday 11:30am-12:30pm (Second	
Harvest Food Bank)	
Boscobel- SWCAP Northern Grant Co	608-375-5903
402 Johnson St	
Available Mon, Wed & Friday 9:00am-	
4:00pm, limited to northern grant county	

residents	
	608-725-2340,
Cassville Emergency Food Fund Limited to	608-725-5595,
Cassville School District, Anytime	or 608-725-5528
Six Rivers Food Pantry	Karel: 524-6998
222 West Amelia St	or 534-0420
Wednesdays 3:30-5:30pm	
Saturdays 8:00-9:30am	
Serving the West/Southwest of Grant County	
Fennimore Food Pantry	608-822-4060
1170 Lincoln Ave	
1 st & 3 rd Wednesday 1:30-4:30pm(limited to	
Fennimore)	
Hazel Green Food Pantry	608-854-2536
2115 N. Main	
Available Saturdays 9-11am & Tuesdays 6-	
7pm. Southern Grant County	
Lancaster Food Pantry- 225 S. Madison	608-723-7070
Available Mon & Thursday 7-8pm	
(limited to Lancaster, Potosi, Cassville,	
Montfort, Livingston)	
Low Income Food Exchange(LIFE)	608-723-2691
*Free food monthly in large quantities for	
families in Lancaster, Bloomington, Cassville,	
Fennimore, and Potosi areas. (April-	
November only) 1 st Friday of month	
LCIC- Emergency Food Pantry	608-943-6244
Tuesday- Friday 10am- 5pm- Call ahead	
Muscoda- Riverdale Food Pantry	608-739-4017
116 N. Beech	
Available 3 rd Monday 2:30pm-5:00pm	
(Limited to Riverdale School District	
residents)	
Patch Grove- St. Johns Mobile Food Pantry-	

231 N. Wyalusing St	
2 nd Tuesday 1:30-2:45 pm (Second Harvest	
FoodBank)	
Platteville Food Pantry	608-778-8572
Available 1 st , 2 nd , 4 th , and 5 th Thursdays	
9:00am-12:30pm & 3 rd Thursday 5:30-	
7:00pm. Limited to Platteville residents.	
St. Mary's Mobile Food Pantry	608-348-9735
345 N. Court St. Platteville	
Available 3 rd Friday 10:00-11:00am (Second	
Harvest FoodBank)	

Farmer's Market Coupons:

The Senior Farmers' Market Nutrition Program is geared for individuals who are over the age of 60. This program promotes seniors eating healthy by providing coupons to purchase fresh fruits and vegetables at the local farmer's markets. The seniors receive \$25 in coupons that can be used at farmer's markets throughout the state. Contact the Aging and Disability Resource Center at 608-723-6113 for more information.

HOUSING OPTIONS

For up-to-date and accurate information on types of housing and locations, please call the Aging and Disability Resource Center at 608-723-6113.

Apartments—Apartment living could eliminate yard care, home maintenance and possibly climbing stairs depending on the various locations. Apartment living can also increase social contact as well as reduce housing costs. Grant County offers a variety of rental housing for all income levels.

Public Housing and Housing Choice Voucher (Section 8 Program).....800-955-2232

The U.S. Department of Housing and Urban Development (HUD) administers Federal aid to local housing agencies (HAs) that manage the housing for low-income residents at rents they can afford.

Boscobel Housing Authority	608-375-4228
Platteville Housing Authority	608-348-9741
WIHousingSearch.org	
A free housing locator service, was created to	
help people list and find safe and decent,	
affordable, accessible and, when necessary,	
emergency housing.	877-428-8844

Residential Care Apartment Complexes (RCAC)- Independent apartment units in which the following services are provided: room and board, up to 28 hours per week of supportive care, personal care, and nursing services. Grant County does not have any RCACs.

Adult Family Homes—A place where 2 - 4 adults who are not related to the operator reside and receive care, treatment or services that are above the level of room and board and that may include up to 7 hours per week of nursing care per resident. Counties certify one and two bed adult family homes; the State of Wisconsin licenses three and four bed adult family homes. The following list is the state licensed three and four bed adult family homes. Please contact the ADRC for information about one and two bed adult family homes.

Boscobel- Bonnie's Adult Family Home	608-391-3100
Lancaster - Sunshine Assisted Living Adult	
Family Home	608-723-5424
Montfort – Cornerstone Foundation	608-943-9963
Muscoda - Knapp Prairie View	608-739-3185
Muscoda – Marion's Place	608-739-5037
Muscoda – Parkside Adult Family Home	608-739-7030

Platteville – Aloha Community	608-348-7137
Platteville - Hummingbird Adult Family Home	608-348-2993
Platteville - Mound View Adult Family Home	608-732-4540
Platteville – Vondra's Country Living	608-778-8629

Community Based Residential Facilities (CBRF)- Sometimes referred to as Assisted Living Facility, A place where 5 or more unrelated people live together in a community setting. Services provided include room and board, supervision, support services, and may include up to 3 hours of nursing care per week.

Boscobel – Vista House	608-987-0003 ext. 107
Lancaster - Morningside Assisted Living	608-723-5232
Platteville - Lyghthouse	608-348-4944
Platteville – Our House Assisted Living	608-348-6622
Platteville – Park Place Assisted Living	608-243-8800
Platteville – Park Place Memory Care	608-348-5311
Platteville - Sienna Crest Assisted Living	608-348-6450
Muscoda - Gracious Way Assisted	
Living	608-739-3450

Nursing Home & Rehabilitation Facilities

Facilities that offer skilled nursing care when extensive personal care and medical needs exist. *Check with the nursing home of your choice to see if they offer a Memory Care Unit, if applicable.

Boscobel – Boscobel Care &	608-375-6342
Rehab	
Cuba City - Epione Pavilion	608-744-2161
Fennimore – Divine	
Rehabilitation & Nursing	608-822-6100
Hazel Green - St. Dominic Villa	608-748-9814

Lancaster - Atrium Post - Acute	
Care	608-723-4143
Lancaster - Orchard Manor	608-723-2113
Muscoda - Dycora	608-739-3186
Platteville - Edenbrook	608-348-2453

Emergency Housing Assistance Grant County, WI

Family Advocates, Inc.	608-348-5995
24 hour crisis line	
(Located in Platteville. Provides services for	
women & children victims of domestic	
violence, sexual assault)	800-924-2624
Dodgeville Southwest CAP	608-935-2326
Family Promise (only families with children)	
www.familypromiseofgrantcounty.com	608-723-3355
Forward Service Corporation	608-441-9083
Emergency Assistance (eviction notice	800-771-8420
required, only families with children)	
New Beginnings (Furniture and Housing	
Donations)	608-574-1138
Rural Housing	
www.wisconsinruralhousing.org	888-400-5974
Salvation Army	608-475-9040

Dubuque, IA

Males only:

Rescue Mission	563-583-1394
Catholic Workers	563-582-9079

Females only:

Safe Strides Emergency Shelter	563-599-2980

Maria House	563-582-7480
Teresa Shelter	563-690-0086
Dubuque Community Y- Domestic Violence	
Shelter	563-556-1100

HOUSING REPAIR AND REHABILITATION PROGRAMS

Most programs and funding are for: repair or replacement of roof, siding, windows and doors, electrical, heating system, plumbing system, handicapped accessibility improvements or modifications, energy efficiency improvements, and other general improvements. Contact the individual organizations for more information and requirements.

Habitat for Humanity of Grant County	
www.grantcountyhabitat.com	608-348-9119
Southwest CAP—Grant County Housing	
Rehabilitation Program	608-935-2326
www.swcap.org	ext. 217
Tomorrow's Home Foundation Helping	
Hand Assistance Program	
(For Mobile Home Owners)	
www.tomorrowshomefoundation.org	608-255-1088
USDA Rural Development	
www.rurdev.usda.gov	608-935-2791 ext 4
Neighborhood Housing Services of	
Southwest Wisconsin	
www.nhsrcwi.org	608-647-4949
City of Platteville Community	
Development Department	
www.platteville.org (Platteville homes	608-348-9741
only)	ext. 2231

TRANSPORTATION

Aging and Disability Resource......608-723-6113

- TRIPS Program- For those that are not on medical assistance.
 Volunteer drivers provide transportation to medical and important business appointments to local and regional sites. A small fee is charged.
- Grant County Taxi- A wheelchair accessible, lowered floor minivan is used to transport <u>people of ALL ages</u> for a small fee in the following communities:

Lancaster	723-6451	Tuesday and Thursday
		7:30am-4:00 pm
		Wednesday morning
Boscobel	375-2275	8:30 am-Noon
		Friday afternoon
		1:00 pm-4:00 pm
		Wednesday afternoon
Fennimore	822-6644	1:00 pm-4:00 pm
		Friday morning 8:30am-Noon

Note: For more information on taxi service during other hours, call 608-723-6113.

- **Specialized Transportation** Provides transportation for persons with mobility problems to medical appointments or other events. A fee is charged for this service.
- Bus- The ADRC operates two routes, North Route and South Route. Service is provided using wheelchair accessible buses.
 Small fee charged. Special trips are offered throughout the year.

Other Transportation Services

MTM (For Medical Assistance	Reservation Line 866-907-1493
beneficiaries who need medical	"Where's My Ride" 866-907-1494
transportation)	
Shared Ride Taxi-Platteville	608-348-6767
Platteville Cab Service	608-348-5678
Platteville Public Bus	608-348-9741 ext. 2238
https://www.uwplatt.edu/transportation	
Veteran's Van Transportation	
(Scheduling a ride is between the	
hours of 9:00am-6:00pm)	608-301-7141

Specialized Medical Transportation:

Coulee Trails Transport	608-637-8884 or 800-771-8884
Freeman Transport	608-348-7980 or 800-595-2558
M & T Transport	608-778-4952

RECREATION

Senior Centers

Platteville	608-348-9934
Boscobel-Tuffley Center	608-375-4505

Other Recreational Sites

Pioneer Activity Center-Platteville	
www.uwplatt.edu	608-342-1568

Wisconsin Badger Camp-Platteville	
www.badgercamp.org	608-348-9689
Special Olympics	608-222-1324
www.specialolympicswisconsin.org	800-552-1324
Aging & Disability Resource Center	
(Prevention & Wellness Classes,	
Specialized Bus Trips)	608-723-6113

Volunteer Opportunities **



Aging & Disability Resource Center	
	608-723-6113
Southwest CAP Foster Grandparent	
Program	800-704-8555

CAREGIVER SUPPORT PROGRAM

Caregiver Support Programs help caregivers in their supportive role. These programs include, but are not limited to individual counseling, support groups, caregiver training, and respite care.

Alzheimer's Family Caregiver	
Support Program (AFCSP)	608-723-2136
National Family Caregiver	
Support Program (NFCSP)	608-723-6113
Veteran Affairs Caregiver	
Support Line	855-260-3274

SUPPORT GROUPS

Support Groups are an excellent way to give and receive support. Support Groups are designed for friends, family and caregivers, as well as the individual affected by a particular disease or disability.

The following maintain a list of support groups

Aging & Disability Resource Center	608-723-6113
Alzheimer's & Dementia Alliance	888-308-6251
Caregiver Support Group	608-723-6113
Grief Support Group-Platteville	608-348-7330
Grief Support Group- Richland Center	877-356-4514
Grief Share - Platteville	608-348-7330
Mental Health Support Group	608- 375-2541
MS Support Group	608-778-1253
Parkinson's Support Group	920-539-3079

Need information on a surrounding county Aging & Disability Resource Center?

Iowa County	Green County	Lafayette County
303 W. Chapel St	N3152 State Rd 81	627 Main St
Dodgeville, WI	Monroe, WI	Darlington, WI
608-930-9835	608-328-9499	608-776-4960

Website www.adrcswwi.org

Want information on an Aging & Disability Resource Center, not listed above?

Go to http://www.dhs.wisconsin.gov/adrc/ for a complete listing of Wisconsin ADRC's.