

LHD Resource for talking to Cases and Contacts about release from isolation and quarantine

(revised 5/6/20)

Symptomatic individuals (cases) must observe an **Isolation Period** of at least **10 days**.

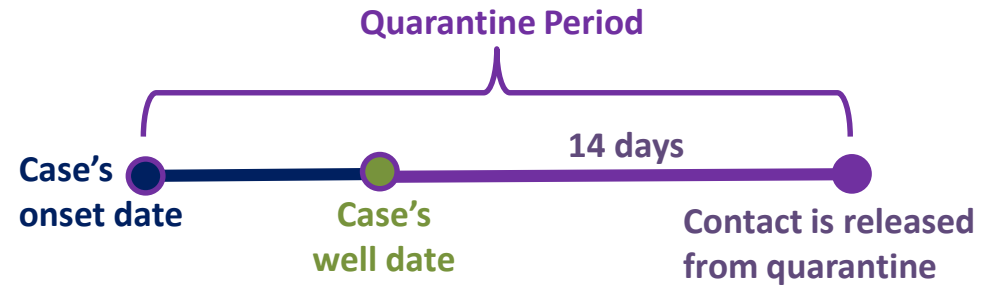
Asymptomatic contacts follow the guidance for the minimum 14-day **Quarantine Period**.

Isolation and quarantine guidance is available at: <https://www.dhs.wisconsin.gov/covid-19/diagnosed.htm>

HOUSEHOLD CONTACTS of cases

People living in the same home as a confirmed or probable case should immediately follow **quarantine** procedures. The quarantine period is often* >14 days because of continued exposure while case is ill. Day 0 of the mandated 14-day quarantine would be the **day the case is well** (free of fever, productive cough, and other acute symptoms of respiratory infection).

*If household contacts and cases are able to diligently follow [CDC home isolation guidance](#) at all times, then Day 0 would be the last day they had close contact or were in the same indoor living environment. For many household situations it will be impossible or very difficult to fully implement these guidelines at all times, especially if the home has only 1 bathroom, the case is a child, or the home has a single care-giver.



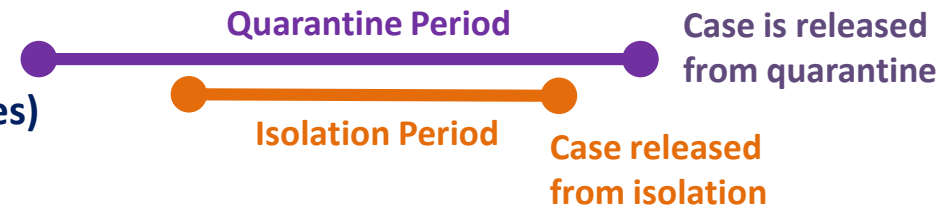
NON-HOUSEHOLD CONTACTS of cases

Close contacts that remain asymptomatic can be released from quarantine 14 days after the last time they were in close contact or shared an indoor living environment with the case.



ANY CONTACT who becomes ill and is not tested during quarantine period (e.g., Probable & Suspect Cases)

Must complete their Isolation Period and Quarantine Period, whichever is the later date. Follow isolation requirements during Isolation Period.



CASES (confirmed, probable, suspect)

Must be well (free of fever, productive cough and other acute symptoms of respiratory infection) for **at least 72 hours AND** it must be at least **10 days** since their date of symptom onset.

