



Grant County Health Dept

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www.co.grant.wi.gov
(608) 723-6416

Volume XXV Issue III

March 2019

14 Diseases You Almost Forgot About (Thanks to Vaccines)

#1. Polio



Polio is a crippling and potentially deadly infectious disease that is caused by poliovirus. The virus spreads from person to person and can invade an infected person's brain and spinal cord, causing paralysis. Polio was eliminated in the United States with vaccination, and continued use of polio vaccine has kept this country polio-free. But, polio is still a threat in some other countries. Making sure that infants and children are vaccinated is the best way to prevent polio from returning. Make sure your baby is protected with the polio vaccine.

Doctors recommend that your child get four doses of the polio vaccine (also called IPV) for best protection. Your child will need one dose at each of the following ages: 2 months, 4 months, 6 through 18 months, and 4 through 6 years.



#2. Tetanus

Tetanus causes painful muscle stiffness and lockjaw and can be fatal. Parents used to warn kids about tetanus every time we scratched, scraped, poked, or sliced ourselves on something metal. Nowadays, the tetanus vaccine is part of a disease-fighting vaccine called DTaP, which provides protection against tetanus, diphtheria, and pertussis (whooping cough).

Doctors recommend that your child get five doses of the DTaP shot for best protection. Your child will need one dose at each of the following ages: 2 months, 4 months, 6 months, 15 through 18 months, and 4 through 6 years.

#3. The Flu (Influenza)



Flu is a respiratory illness caused by the influenza virus that infects the nose, throat, and lungs. Flu can affect people differently based on their immune system, age, and health. Did you know that flu can be dangerous for children of any age? Flu symptoms in children can include coughing, fever, aches, fatigue, vomiting, and diarrhea. Not to mention, every year in the United States, otherwise healthy children are hospitalized or die from flu complications. In fact, CDC estimates that since 2010, flu-related hospitalizations among children younger than 5 years have ranged from 6,000 to 26,000 in the United States. It's important to know that children younger than 6 months are more likely to end up in the hospital from flu, but are too young to get a flu vaccine. The best way to protect babies against flu is for the mother to get a flu vaccine during pregnancy and for all caregivers and close contacts of the infant to be vaccinated. Everyone 6 months and older should get a flu vaccine every year—protect yourself and your loved ones.

Doctors recommend that your child get the flu vaccine every year starting when they are 6 months old. Children younger than 9 years old who are getting vaccinated for the first time need two doses of flu vaccine, spaced at least 28 days apart.

The mission of the Grant County Health Department is to promote the health and wellness of ALL residents of Grant County.

Websites

- ▶ Visit the Grant County website at www.co.grant.wi.gov for more information on Grant County services.
- ▶ Visit the Wisconsin Immunization Registry (WIR) website www.dhswir.org for information on your immunizations.
- ▶ Visit www.grantcountyhospice.com for information on the Hospice Program.

**WIC & Health
Check Clinics**

(Immunizations given at all these clinics)

Feb 21st—Late Platteville Lutheran Church of Peace—3:00pm to 6:30pm

Feb 26th—Lancaster Schreiner Memorial Library—9:00am to 3:30pm

Mar 7th—Platteville Lutheran Church of Peace—9:00am to 3:30pm

Mar 12th—Boscobel United Methodist Church—9:30am to 3:30pm

Mar 13th—Fennimore United Methodist Church 9:00am to 3:30pm

Mar 19th—Cuba City St Rose Mazzuchelli Hall - 9:30am to 3:30pm

Mar 21st—Platteville Lutheran Church of Peace - 9:00am to 3:30pm

Mar 26th—Lancaster Schreiner Memorial Library—9:00am to 3:30pm

Mar 27th—Late Lancaster Schreiner Memorial Library—3:00pm to 6:30pm

Mar 28th—Platteville Lutheran Church of Peace - 9:00am to 3:30pm

Apr 4th—Platteville Lutheran Church of Peace—9:00am to 3:30pm

Apr 9th—Boscobel United Methodist Church—9:30am to 3:30pm

Brought to you by Donna Peterson, Nutrition Educator and Coordinator in Grant and Iowa County with UW-Extension. (phone: 608-930-9856).



Grant County Health Dept will be closed at noon on April 19th.

#4. Hepatitis B

Hepatitis B

Did you know that worldwide more than 780,000 people per year die from complications to Hepatitis B? Hepatitis B is spread through blood or other bodily fluids. It's especially dangerous for babies, since the hepatitis B virus can spread from an infected mother to child during birth. About nine out of every 10 infants who contract it from their mothers become chronically infected, which is why babies should get the first dose of the hepatitis B vaccine shortly after birth. All pregnant women should be tested and all babies should be vaccinated.

Doctors recommend that your child get three doses of the Hepatitis B shot for best protection. Typically, your child will need one dose at each of the following ages: shortly after birth, 1 through 2 months, and 6 months.

#5. Hepatitis A

HEPATITIS A

The Hepatitis A vaccine was developed in 1995 and since then has cut the number of cases dramatically in the United States. Hepatitis A is a contagious liver disease and is transmitted through person-to-person contact or through contaminated food and water. Vaccinating against hepatitis A is a good way to help your baby stay Hep A-free and healthy!

Doctors recommend that your child get two doses of the hepatitis A shot for best protection. Your child should get the first dose at 12 through 23 months and the second dose 6 months after the last dose.

Rubella

#6. Rubella

Rubella is spread by coughing and sneezing. It is especially dangerous for a pregnant woman and her developing baby. If an unvaccinated pregnant woman gets infected with rubella, she can have a miscarriage or her baby could die just after birth. Also, she can pass the disease to her developing baby who can develop serious birth defects. Make sure you and your child are protected from rubella by getting vaccinated on schedule.

Doctors recommend that your child get two doses of the MMR vaccine for best protection. Your child will need one dose at each of the following ages: 12 through 15 months and 4 through 6 years.

#7. Hib

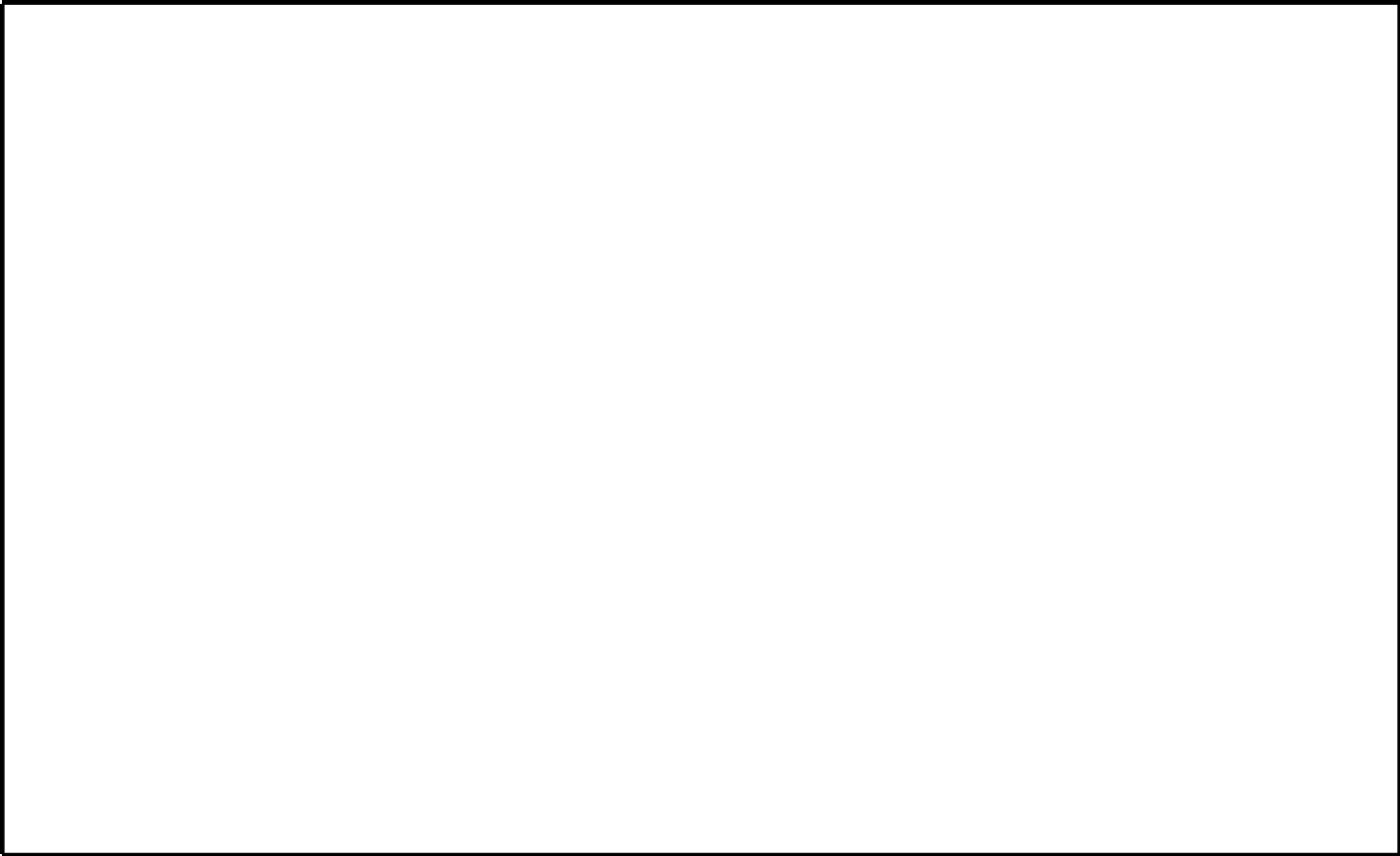
Hib

Hib (or its official name, *Haemophilus influenzae* type b) isn't as well-known as some of the other diseases, thanks to vaccines. Hib can do some serious damage to our kids' immune systems and cause brain damage, hearing loss, or even death. Hib mostly affects kids under five years old. Before the vaccine, over 20,000 kids were infected each year. That's about 400 yellow school busses worth of kids! Of these kids, one in five suffered brain damage or became deaf. Even with treatment, as many as one out of 20 kids with Hib meningitis dies. Get your child vaccinated to help them beat the odds!

Doctors recommend that your child get four doses of the Hib vaccine for best protection. Your child will need one dose at each of the following ages: 2 months, 4 months, 6 months (for some brands), and 12 through 15 months.

Continued in the April newsletter. (Next Month # 8 through # 14)

Taken from CDC "For Parents: Vaccines for Children" <https://www.cdc.gov/vaccines/parents/diseases/child/14-diseases.html>



Change Service Requested

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