



Grant County Health Department
111 South Jefferson Street Floor 2
Lancaster, Wisconsin 53813-1672
www.co.grant.wi.gov
(608) 723-6416

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COMMUNITY EDITION

July 2016

Get Ready for School

The State of Wisconsin requires the following immunizations for school entrance:

-Children going into Pre-K (ages 2 through 4 years) should have:

DTaP 4 doses
Polio 3 doses
Hepatitis B 3 doses
MMR 1 doses
Chickenpox/Varicella 1 dose (Or history of disease)

-Children going into 5K (kindergarten) through 5th Grade should have:

DTaP 5 doses* (if the 4th dose was before their 4th B-Day)
Polio 4 doses
Hepatitis B 3 doses
MMR 2 doses
Chickenpox/Varicella 2 doses (Or history of disease)

-Children going into Grades 6th through 12th

DTaP 5 doses* (if the 4th dose was before their 4th B-Day)
Polio 4 doses
Hepatitis B 3 doses
MMR 2 doses
Chickenpox/Varicella 2 doses (or history of disease)
Tdap - 1 dose (in the past 5 years)



-Children that started HPV at a Grant County school based clinic

If your child started HPV (Gardasil) at a health department clinic in the school and needs an additional dose they can get one at the Health Department or any of the Grant County WIC clinics.

After your child receives their immunizations, please send the immunization dates to your school. The Grant County Health Department provides immunizations free for children with BadgerCare or no insurance to cover vaccines. The Tdap vaccine is currently free for persons due to reported cases of those diseases in Wisconsin. Call the Health Department with any questions at 723-6416.

Check your child's immunization record at <https://www.dhswir.org>

The mission of the Grant County Health Department is to promote the health and wellness of ALL residents of Grant County.

Websites

- ▶ Visit the Grant County website at www.co.grant.wi.gov for more information on Grant County services.
- ▶ Visit the Wisconsin Immunization Registry (WIR) website www.dhswir.org for information on your immunizations.
- ▶ Visit www.grantcountyhospice.com for information on the Hospice Program.
- ▶ Visit www.safegrantcounty.org for information on the S.A.F.E. Grant County Coalition.

Check out the Farmers Market!

Shopping at a farmers market is a great way to get fresh, seasonal, locally grown fruits and vegetables. The market can seem overwhelming at first, but here are a few tips to make sure your trips are successful and fun.



BYO BAG! - Bring a couple of durable, reusable bags to carry all of your delicious farm-fresh fruits and vegetables. You can also bring storage containers for the more delicate fruits and vegetables.

Don't let the crowd's overwhelm you—Farmers markets can get crowded and busy. Be patient, and take your time checking out each vendor's produce. Stop at each vendor's stand and compare prices before making a purchase. For the best selection, go to the farmers market early.

Talk to the growers—Try the samples, especially if they are something new. If something is unfamiliar, ask the growers how it tastes and how they like to prepare it.

Source: Center for Nutrition Policy and Promotion

Brought to you by Donna Peterson, Nutrition Educator and Coordinator in Grant and Iowa County with UW-Extension. (phone: 608-930-9856).

UW
EXTENSION

WIC & Health Check Clinics

(Immunizations given at all these clinics)

Aug 3rd—Late Muscoda Kratochwill Building from 2:00pm to 6:30pm

Aug 4th—Platteville Lutheran Church of Peace from 9:00am to 3:30pm

Aug 9th—Boscobel United Methodist Church from 9:30am to 3:30pm

Aug 10th—Fennimore United Methodist Church from 9:00am to 3:30pm

Aug 16th—Cuba City St Rose—Mazzuchelli Hall from 9:30am to 3:30pm

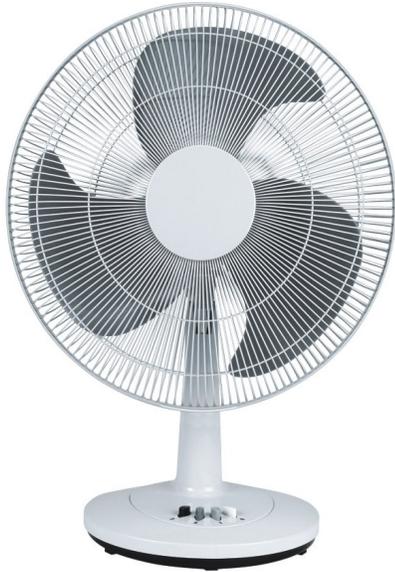
Aug 18th—Late Platteville Lutheran Church of Peace from 3:00pm to 6:30pm

Aug 23rd—Lancaster Schreiner Memorial Library from 9:00am to 3:30pm

Aug 25th—Platteville Lutheran Church of Peace from 9:00am to 3:30pm



The Grant County Health Department will be closed on the following day:
September 5th



Free Fans For Low Income Individuals

If you are in need of a fan and you are income eligible for the WIC (Women, Infant, and Children) Nutrition Program, contact the WIC staff for a voucher for a free fan (as supplies last). Fans have been donated by community members in Grant County and are available at several locations in the county with a voucher.

More details can be found at (www.co.grant.wi.gov) or call the Grant County Health Department at 608.723.6416.

Prevent Lyme disease

Lyme disease is caused by bacteria spread through the bite of infected blacklegged tick (deer ticks). Symptoms include fever, headache, fatigue, and a bull's eye shaped skin rash is common. If left untreated, infection can spread and damage joints, the heart, and the nervous system. While it is a good idea to take preventive measures against ticks year-round, take extra caution in warmer months (April-September) when ticks are most active.

To prevent Lyme disease:

- Avoid wooded and bushy areas with high grass and leaf litter.
- Use repellents that contain 20 to 30% DEET on exposed skin and clothing for protection that lasts up to several hours. Always follow product instructions.
- Parents should apply this product to their children, avoiding hands, eyes, and mouth.
- Other repellents registered by the Environmental Protection Agency (EPA) may be found at <http://cfpub.epa.gov/oppref/insect/>
- Conduct a full-body tick check upon return from tick-infested areas.
- Bathe or shower as soon as possible after coming indoors (best done within two hours) to wash off and more easily find ticks that are on you.
- Examine gear and pets. Ticks can ride into the home on clothing and pets, then attach to a person later.
- Putting clothes in a dryer on high heat for an hour will kill ticks.



You can make your yard less attractive to ticks by using landscaping:

- Clear tall grasses and brush around homes and at the edge of lawns.
- Place a 3-ft wide barrier of wood chips or gravel between lawns and wooded areas and around patios and play equipment. This will restrict tick travel into these areas.
- Keep playground equipment, decks, and patios away from yard edges and trees and place them in a sunny location, if possible.
- Remove any old furniture or trash from the yard that may give ticks a place to hide.

Get Rid of Old Medications

The communities below have permanent drop off sites for you to drop off your old or unwanted medications. Items that are accepted at all four sites without calling ahead are: pills/capsules (prescription and over the counter) and sealed medicine powder packets (please place packets in a sealed Ziploc® type bag).

Platteville: The Platteville Police Department at 164 North Fourth Street. The items are accepted 7 days a week/24 hours a day. However, liquids, lotions, ointments, and patches are accepted only if they are securely sealed in a Ziploc® type bag, one bottle per bag. (608) 348-2313.

Muscoda: The Muscoda Police Department at 206 North Wisconsin Avenue. Medications can be dropped off whenever village hall is open. Call ahead to drop off liquids. (608) 739-3144.

Lancaster: Lancaster Police Department Lobby. Medication is accepted 7 days a week/24 hours a day. Drop off pills in their original containers or seal the pills in a Ziploc® type bag. Call ahead for liquids, lotions, ointments, and patches. Please securely seal these items in a Ziploc type bag, one bottle per bag. (608) 723-4188.

Fennimore: Memorial Building, 860 Lincoln Avenue. Medication is accepted whenever Memorial Building is open. Call ahead for liquids. 608-822-3215.

THEY CAN NOT TAKE:

Thermometers—Hydrogen Peroxide—Inhalers—Bloody or Infectious Waste—Needles (sharps) Auto-Injectors—Aerosol Cans



Change Service Requested

Non-Profit Organization
U.S. Postage
PAID
Lancaster, WI 53813
Permit # 2

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