

2017 Services Guide



Got Questions? Start Here!
877.794.2372
adrcswwi.org

ADRC
Aging & Disability
Resource Center

Mission Statement:

"The Aging and Disability Resource Center of Southwest Wisconsin is dedicated to working with adults and families who are affected by aging, disability, mental health or substance abuse issues, by providing information and access to services to enhance their quality of life".

Dear Consumer,

Thank you for contacting the Aging & Disability Resource Center of Southwest Wisconsin-Grant County! We are happy to be able to assist and provide you with resources and information for yourself and/or your loved ones.

If you find you need more information about a service than the phone number and website, you may contact the Aging & Disability Resource Center (ADRC) at 608-723-6113 or 1-800-514-0066.

If you notice a service or an organization that is not listed, please call the Aging & Disability Resource Center to request inclusion in the next publication.

****Please Note: This directory may not include all agencies serving Grant County residents and is not a recommendation for any provider. We do not professionally promote or endorse any of the following resources. Please check references of a chosen agency to make personal decisions regarding the resources that are best for you.**

The Aging and Disability Resource Center operates its programs and services without regard to race, color, and national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with the Aging & Disability Resource Center.

Grant County Staff Directory

608-723-6113 or Toll Free 1-800-514-0066

Lori Reid, ADRC & Nutrition Director
Ruth Rotramel, Outreach Services Coordinator Family Caregiver Support Program
Lecia Lenz, Information & Assistance Specialist- Lead Worker
Jessica Alt, Information & Assistance Specialist
Nicole Baumeister, Information & Assistance Specialist
Marsha Gore, Elder Benefit Specialist (serving consumers 60+ years)
Angela Froiseth, Disability Benefit Specialist (serving consumers 18-59)
Courtney Brookhart, Administrative Assistant II
Miriah Glasbrenner, Office Systems Assistant, Transportation Coordinator

SAVE THE DATE: ELDERFEST 2017

Friday, October 27th

Information & Assistance Specialists

Information & Assistance Specialists provide up-to-date information on many services and resources, including, but not limited to: home health agencies, transportation services, public benefits, housing options,

personal care agencies, senior dining sites, home delivered meal programs, support groups, prevention classes, managed care, self-directed support waivers and much, much more!

- **Options Counseling** provides information to assist people to make informed choices about long term care options. When meeting with individuals and their families, an Information & Assistance Specialist will review the individual's personal history, preferred lifestyle and goals for the future; and will engage in a conversation about the full range of long-term care options available to the individual to maximize their independence and self-reliance.
- **Special Needs Youth Transition** If you are a young adult transitioning from the school system and/or children's programs to adult programs, the Aging & Disability Resource Center is here to help you and your family make that transition as smooth as possible. Many changes in disability services occur when a student is between the age of 18 and 21. Information & Assistance Specialists at the Aging & Disability Resource Center can assist in answering questions you may have. We also have Youth in Transition booklets available at no cost.
- **Long Term Care Programs:** The ADRC is responsible for helping people access publicly funded long term care programs and assisting them in understanding all available options. We do this by determining functional eligibility, facilitating the financial eligibility determination process and assisting with the enrollment process.
- **Nursing Home Relocation:** Some nursing home residents may qualify for care in the community rather than in the nursing home. Information & Assistance Specialists can explain these options to interested individuals.

Benefit Specialists

Elder Benefit Specialist:

Specialize in assisting persons age 60 and older to obtain access to needed benefits and programs.

Disability Benefit Specialist:

Specialize in assisting persons aged 17 and 9 months-59 to obtain access to needed benefits and programs.

Benefit Specialists can help in accessing both private and public programs and benefits, and can provide information about consumer rights. They can provide information and advocacy on a wide range of issues and assist with the application and/or appeal process for public and private benefits like Medicare, Social Security, Medicaid, Disability, SeniorCare, Supplemental Security Income and Medigap Insurance. Many of the benefit issues that people over the age of 60 and adults with disabilities face are very complex. Benefit Specialists assess the situation and discuss options so that persons can make an informed decision.

Prevention & Wellness Workshops

Living Well with Chronic Conditions Program Six week workshop offers a self-management program to address practical ways to deal with pain and fatigue. You will discover better nutrition and exercise choices, learn about new treatment choices and practice new communication styles and more.

Stepping On Seven week workshop that offers fall prevention techniques and strength building exercises. Professional speakers address proper shoe fitting, medication management and strengthening exercises.

Healthy Living with Diabetes Program Management of diabetes lies almost entirely in the hands of those who live with the condition. It is vital that individuals with diabetes have the resources they need for effective self-management. This program targets individuals in the community and facilities to help achieve this.

Powerful Tools For You: Taking Care of the Caregiver Six week course to help family caregivers build communication skills, make tough care decisions, set goals, lower caregiving related stress and learn about available resources.

Arthritis Toolkits The toolkit offers a unique approach to managing arthritis. The toolkit contains a self-test which identifies how to use the book. It includes an exercise CD and relaxation CD, written information and the Arthritis Help Book. The toolkits are available for 6-8 weeks.

Grant County Nutrition Program

Are you familiar with our Senior Dining Centers? Check one out today! In addition to the nutritious meal and variety in menu, the nutrition program offers opportunities to enjoy a meal, join a fun activity, and socialize with friends! Transportation is available to several dining sites on designated routes and days. Other options available for eligible individuals are a home delivered meal or frozen meals.

National Family Caregiver Support Program

The Family Caregiver Support Program provides:

- o Information to caregivers about available programs and services
- o Assistance in gaining access to services
- o Individual counseling, support groups and trainings to assist caregivers
- o Temporary and limited respite for caregivers
- o Supplemental services (on a limited basis) to complement the care provided

Eligible Caregivers must be:

- o An adult family member or another individual who is an informal or unpaid provider of in-home community care to someone over 60 years of age or to an individual with Alzheimer’s disease or a related disorder with neurological and organic brain dysfunction
- o Grandparent or relative caregivers providing care for adult children with a disability, who are between 19 and 59 years of age. These caregivers must be age 55 years and older and cannot be the child’s parent.

Transportation Services

Need a ride? The ADRC may be able to assist you! The ADRC provides transportation for adults with disabilities and age 60 and over, unless specifically indicated.

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Check out our new [Facebook](#) page
& [Website](#)

www.adrcswwi.org



INFORMATION & REFERRAL

Aging & Disability Resource Center	608-723-6113 Toll Free 800-514-0066
Alzheimer's & Dementia Alliance	608-723-4288 Toll Free 888-308-6251
ABC for Health (Advocacy for Health Benefits) www.safetyweb.org	608-261-6939 Toll Free 800-585-4222
Great Rivers 2-1-1	211
Independent Living Resources	608-647-8053 Toll Free 877-471-2095
National Multiple Sclerosis Society-Wisconsin Chapter www.nationalmssociety.org	Toll Free 800-344-4867 262-369-4400
So. Regional Center for Children & Youth with Special Health Care Needs	800-532-3321
UW-Extension	608-723-2125
Wisconsin Family Ties	608-267-6888

CRISIS LINES

Police/Sheriff Emergencies	911
Crisis Text Line	Text HELLO to 741741
“A Cry for Help”	800-273-8255
Family Advocates, Inc. 24 hour Crisis Line	800-924-2624
Grant Co. Sheriff Department Non-Emergencies	608-723-2157
Grant County Suicide Crisis Line	800-362-8255
Great River 2-1-1	211
Red Cross	608-754-4497 or Toll Free 888-285-5876
Suicide Prevention 24/7 Hotline	800-273-8255 or 608-280-2600
Unified Community Services 24-hour Crisis Line	800-362-5717
Veteran’s Hotline	800-273-8255

VETERAN’S SERVICES

Grant County Veterans Service Office	608-723-2756
Veteran’s Van Transportation (Schedule a ride is between 9:00am-6:00pm)	563-652-4110
William S. Middleton Veterans Hospital-Madison, WI Triage Nurse Advice Line	888-598-7793

IN-HOME SERVICES



There are a variety of services and programs that can be brought into the home to assist in keeping people safe and helping them to be more independent. Listed below are some of the more common services used. Other service and program information can be obtained from the ADRC.

Emergency Medical Alert Systems

When emergency help is needed, the user can press the transmitter's "help" button, sending a radio signal to the console (connected to the user's telephone). This causes the console to automatically dial one or more pre-selected emergency telephone numbers. The transmitter can be worn around the wrist, neck, or attached to a belt loop. Some systems have the ability to sense when a person has fallen, and automatically calls for emergency help. There is a set-up fee and monthly charge. **In addition to the list below, some retail businesses sell similar response systems as well.**

Grant Regional Health Center "Lifeline"	608-723-2143
Good Samaritan Society "Lifeline"	608-822-6100
Home Health United	855-332-6882
Jo-Carroll Electric "First Call-Med Link"	800-858-5522
Mercy Hospital-Dubuque "Lifeline" (part of Grant County)	563-589-8000
Prairie Du Chien Memorial Hospital "Lifeline"	608-357-2142
Upland Hills Health "Lifeline"	608-930-7210
ADT Medical Alert Systems www.adt.com/health	800-595-8740
Alert 1 Medical Alert Systems	855-274-7682
Phillips Lifeline	

https://www.lifeline.philips.com	855-610-4111
Senior Safety www.seniorsafety.com	888-333-9535

Personal Care Services/Supportive Home Care

Agencies listed below provide a wide variety of services to support individuals to live successfully at home. These services may include: meal preparation, personal care (bathing, dressing, etc), housekeeping, errands, laundry, respite and more.

Crossing Rivers www.crossingrivers.org	(608) 357-2262
Home Care Select www.homecaresselectinc.com	Toll Free: 1-800-224-1918 608-725-5190
Homeward Bound Inc. www.hcbcure.com	608-723-6601
Home Instead Senior Care www.homeinstead.com	563-585-1409 or toll free 1-800-681-2039
Integrity Home Care Solutions www.integrityhomecaresolutions.com	608-341-9189
MCFI www.mcfi.net	414-290-0050 Toll free 888-381-5696
Lori Knapp Inc. www.loriknappinc.com	608-326-5536
Southwest Home Care www.southwesthomecareangels.com	608-348-4558 888-611-7632

Home Health

A Home Health Agency is an organization that provides part-time and intermittent skilled nursing and other therapeutic services on a visiting basis to persons in their homes. These services may include: nursing, wound care, physical, occupational, and speech therapies. Personal care services only with a skilled nursing care need.

Grant County Health Department www.co.grant.wi.gov	608-723-6416
Crossing Rivers Home Health www.crossingrivers.org	608-357-2262
Homeward Bound Inc. www.hcbcure.com	608-723-6601
Home Health United www.homehealthunited.org	800-924-2273
Mercy Home Care www.mercydubuque.com	563-589-8899 or toll free 1-877-416-9763
Unity Point at Home www.unitypoint.org	(563)583-5833
Upland Hills Home Health www.uplandhillshealth.org	608-930-7210 or toll free 1-877-876-2680

End-of-Life Resources

Hospice Agencies

Hospice provides a full range of palliative and supportive services for terminally ill people who are in the final stages of their illnesses. Services may include: medical care, pain & symptom management, home nursing visitation, bereavement services (for the patient and members of the family), counseling etc.

Grant County Hospice www.grantcountyhospice.com	608-723-6416
Crossing Rivers www.crossingrivers.org	608-357-2262
Home Health United www.homehealthunited.org	800-924-2273
Home Instead Senior Care https://www.homeinstead.com/	563-564-4421

Hospice of Dubuque www.hospiceofdubuque.org	563-582-1220
Upland Hills Hospice www.uplandhillshealth.org	608-930-8000
St. Croix Hospice www.stcroixhospice.com	855-278-2764

Funeral Homes

For website information, please see:

www.funeralhomesguide.com/Wisconsin/WI.html

Bloomington	Martin Funeral Home and Cremation Services	608-944-2796
Boscobel	Beeman Patchak Funeral Home	608-375-4116
Boscobel	Kendall Funeral Service	608-375-5252
Cassville	Martin Funeral Home and Cremation Services	608-725-5790
Cuba City	Casey Funeral Home	608-744-2714
Cuba City	Haudenshield Funeral Home	608-744-2400
Fennimore	Larson Family Funeral Home	608-822-6512
Kieler	Haudenshield Funeral Home	608-568-3550
Lancaster	Martin Funeral Home and Cremation Services	608-723-6381
Lancaster	Schwartz Funeral Home and Cremation Services	608-723-4500
Montfort	Soman Larson Funeral Home	608-943-6906
Muscoda	Godager Pratt Funeral Home	608-739-3511
Platteville	Martin Schwartz Funeral Home and Cremation Services	608-348-2446
Platteville	Melby-Bendorf Funeral Home	608-348-2121
Potosi	Martin Funeral Home and Cremation Services	608-763-2281



HEALTH SERVICES

Local Clinics

Grant County Health Department <i>(blood pressure & immunization clinics, TB skin testing, flu clinics, medicaid, personal care programs). Walk-in services are available.</i>	608-723-6416
<u>Boscobel</u> Gundersen Area Hospitals and Clinic Boscobel Clinic	608-375-4112 608-375-4144
<u>Cuba City</u> The Cuba City Clinic of Southwest Health Medical Associates	608-744-2767 608-744-2115
<u>Fennimore</u> High Point Family Medicine Fennimore Gundersen Clinic Crossing Rivers Health Fennimore	608-822-3363 608-822-3737 608-357-2000
<u>Lancaster</u> High Point Medical Clinic Grant Regional Community Clinic Family Medical Center	608-723-3100 608-723-2131 608-723-4300
<u>Montfort</u> Upland Hills Area Health Clinic	608-943-6308
<u>Muscoda</u> Muscoda Health Center Riverside Family Practice	608-739-3313 608-739-3138
<u>Platteville</u> Platteville Clinic at Southwest Health Maski & Maski Clinic	608-348-4330 608-348-4677

Medical Associates	608-348-6266
Neighborhood Health Partners	608-348-9766
Advanced Pain Management	888-901-7246
Platte Medical	608-342-1412

Free or Reduced Fee Health-Care Clinics:

Please contact the clinics for more information

Clarity Clinic of Southwest Wisconsin (Platteville)	608-348-5787
IN Health Community Wellness Clinic (Boscobel)	608-375-4324
Community Connections Free Clinic (Dodgeville)	608-930-2232
Richland Community Free Clinic (Richland Center)	608-647-6161
Crescent Community Health Center (Dubuque)	563-690-2850

Free or Reduced Fee Dental Clinics:

Please contact the clinics for more information

Crescent Community Health Center (Dubuque)	563-690-2850
Darlington Regional Dental Clinic	608-776-4070
Donated Dental	888-338-6852
Access Community Health Center (Dodgeville)	608-935-5550

Hospitals in Grant County:

	608-375-4112
Gunderson Boscobel Area Health Care	866-662-2242
Grant Regional Health Center	608-723-2143
Southwest Health Center	608-348-2331

Mental Health Services in Grant County:

National Alliance on Mental Illness (NAMI)	608-375-2541
Platteville Family Resource Center	608-348-4060
Southwest Behavioral Services	608-348-3656
Unified Community Services	608-723-6357
Upland Counseling Associates	608-935-2838
WKM Psychology	608-723-4668

Medication Disposal Drop Off Box

Safely disposing prescribed or over-the-counter medication can have a positive impact in safeguarding lives and protecting the environment by disposing of unused medicines properly. Grant County currently offers the following locations that will accept pill form medications. Call ahead about liquid medications to see if they will be accepted.

Boscobel Police Department	608-375-4122
Dickeyville Police Department	608-568-7284
Fennimore Police Department	608-822-3215
Lancaster Police Department	608-723-4188
Muscoda Police Department	608-739-3144
Platteville Police Department	608-348-2313

Medical Equipment and Supplies



Aging & Disability Resource Center “Loan Closet” www.co.grant.wi.gov	608-723-6113
Access to Independence, WisLoan www.accesstoind.org	800-362-9877
American Cancer Society	

www.cancer.org	800-227-2345
Apria HealthCare www.apria.com	800-365-8600
Boscobel Pharmacy, Inc. www.boscobelpharmacy.com	608-375-4466
Grant County Health Department “Loan Closet” Minimal rental cost – call for details www.co.grant.wi.gov	608-723-6416
Independence First (formerly Wheelchair Recycling Program) www.wrp.org	608-243-1785
J & B Medical Supply www.jandbmedical.com	866-674-5850
Meriter Home Health www.meriter.com	800-236-1052
Mercy Homecare Medical Equipment www.mercydubuque.com	800-637-2944
Upland Hills Health Hometown Medical Equipment www.uplandhillshealth.org/home_equipment	608-348-6250
St. Vincent de Paul Society http://www.svdpusa.org/AssistanceServices	608-739-4222
Walgreens Health Initiatives www.walgreens.com	866-614-0947
Home Health United www.homehealthunited.org	855-332-6882

Pharmacies

<u>Boscobel:</u> Boscobel Pharmacy	608-375-4466
<u>Cuba City:</u> Hometown Pharmacy	608-744-2440
<u>Fennimore:</u> Hartig Drug	608-822-3601

<u>Lancaster:</u> Hartig Drug Shopko Pharmacy	608-723-4737 608-723-7679
<u>Muscoda:</u> Hometown Prescription	608-739-4400
<u>Platteville:</u> Hartig Drug Southwest Pharmacy Walgreens Wal-Mart Pharmacy	608-348-9771 608-348-6200 608-348-7611 608-348-4733

SERVICES FOR THE HEARING IMPAIRED

Office for the Deaf and Hard of Hearing (ODHH) www.dhs.wisconsin.gov/sensory	855-359-5252
Wisconsin Telecommunication Relay System (TRS) TTY Customer Service TTY www.wisconsinrelay.com	771 or 800-947-6644 800-947-3529 800-395-9877 800-283-9877
Center for Sight and Hearing TTY/TDD www.centerforsighthearing.org	800-545-0080 815-332-6820
Telecommunications Equipment Purchase Program (TEPP) TTY www.tepp.wipfli.com	800-251-8345 608-267-1479
Wisconsin Lions Foundation-Hearing Aid Program	715-677-4969

www.wlf.info

SERVICES FOR THE BLIND OR VISUALLY IMPAIRED

Office for the Blind/Visually Impaired www.dhs.wisconsin.gov/blind	888-879-0017
Center for Sight and Hearing TTY/TDD www.centerforsightandhearing.org	800-545-0080 815-332-6820
Division of Vocational Rehabilitation (DVR) Employment Services http://www.dwd.wisconsin.gov/dvr/	800-228-2648
Wisconsin Council of the Blind & Visually Impaired www.wcblind.org	800-783-5213
Wisconsin Talking Book and Braille Library www.talkingbooks.dpi.wi.gov	800-242-8822
Braille Library and Transcribing Services, Inc http://www.bltsinc.org	608-233-0222
Wisconsin Lions Foundation-Eye Glass Recycling Program www.wlf.info	715-677-4969

DEMENTIA SUPPORT SERVICES

Alzheimer's & Dementia Alliance of Wisconsin http://www.alzwisc.org/	888-308-6251
Alzheimer Association www.alzwisc.org	608-723-4288
Alzheimer's Family Caregiver Support Program (AFCSP)	608-723-2136
National Caregiver Support Program	608-723-6113

Regional ADRC Dementia Care Specialist www.adrcswwi.org	877-794-2372
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Memory Diagnostic Clinics

Offers a comprehensive, team approach to assessment, diagnosis and treatment. Contact the individual clinics for billing questions.

Southwest Behavioral Services Memory Diagnostic Clinic (Platteville) www.southwesthealth.org	608-348-3656
UW-Health Memory Assessment Clinic (Madison) www.uwhealth.org	608-263-7740
William S. Middleton Veterans Hospital (Madison) www.madison.va.gov	608-256-1901 ext. 17000
Dean Memory Assessment Center (Madison) www.deancare.com	608-252-8040
Richland Area Geriatric Assessment Center www.richlandmedctr.com	608-647-6161

ADULT SHELTERED WORKSHOPS

A sheltered workshop can provide the opportunity for socialization and independence in a safe supervised environment for adults with a wide range of abilities, ages, and needs.

<u>Lancaster</u> Southwest Opportunities Center http://www.socinc.org/index.php	608-723-6659
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<u>Mineral Point</u> Hodan Community Services http://www.hodancenter.org/	608-937-3336
<u>Prairie du Chien</u> Opportunity Center http://www.pdcopportunitycenter.org/	608-326-6486
<u>Dubuque</u> Cozy Corner Adult Day Services Life Choices Adult Day Center Goodwill Adult Day Services	563-690-6900 563-556-7560 563-583-8859

EMPLOYMENT SERVICES

Cooperative Educational Services Agency/WIA Younger Youth	608-822-3276
Cooperative Educational Services Agency/Youth Apprenticeship	608-822-3276
Division of Vocational Rehabilitation	800-442-3477
Job Center of Wisconsin at SWTC, Fennimore	608-822-2334 http://www.jobcenter.org/
Goodwill of South Central Wisconsin Career Center	608-268-5175
Grant Co. Dept of Social Service Job Center	608-723-2136
Hodan Community Services	608-967-3336
SWTC/WIA Older Youth	800-362-3322
Vernon Area Rehabilitation Center(VARC)	608-647-3850

Southwest Opportunity Center	608-723-6659
Food Share Employment Training Program(FSET)	608-723-2136
Forward Service Corporation (Wisconsin Works) W2 Program	608-441-9083 608-515-6379

FINANCIAL ASSISTANCE

Grant County Department of Social Services www.co.grant.wi.gov	608-723-2136
Southern Consortium www.access.wi.gov	888-794-5780
ADRC- Aging and Disability Resource Center www.adrcswwi.org	608-723-6113
National Multiple Sclerosis Society-Wisconsin Chapter www.nationalmssociety.org	Toll Free 800-344-4867 262-369-4400
St. Vincent de Paul www.svdpusa.org	608-739-4222
Southwest CAP www.swcap.org	608-935-2326
The Someday Foundation www.somedayfoundation.com	888-513-9719
Grant County Cancer Coalition www.grantcountycancerco.org	608-778-8169
iLife info@iLifefms.com	888-958-7695
Social Security	877-405-7841

Financial Counseling

UW Extension www.grant.uwex.edu	608-723-2125
Lutheran Social Services www.lsswis.org	888-607-6775
University of Wisconsin-Platteville www.uwplatt.edu	608-342-1314

Taxes

AARP Tax-Aide Program www.aarp.org	888-687-2277
Farmland Preservation Tax Credit Dept. of Land Conservation www.datcp.wi.gov	608-266-2442
Internal Revenue Service General Tax information www.irs.gov	800-829-1040
Wisconsin Housing and Economic Development Authority (WHEDA)-Property Tax Deferral Loan Program www.wheda.com	800-755-7835
Wisconsin Dept. of Revenue: Homestead Tax Credit www.revenue.wi.gov	608-266-8641

Insurance

Medicare is health insurance for people over the age of 65, people under the age of 65 with disabilities and people at any age with End-Stage Renal Disease.

Medicaid is a federal/state program which covers medical care for eligible individuals. Covers co-payments and deductibles not paid by Medicare. Medicaid will pay for long term care in a nursing home, but there are income and asset limitations to qualify.

Aging and Disability Resource Center-Benefit Specialist	800-514-0066
Grant County Department of Social Services-Medical Assistance	608-723-2136
Southern Consortium-Medical Assistance/Badger Care	888-794-5780
Medigap Helpline	800-242-1060
Medicare	800-633-4227
Office of the Commissioner of Insurance, WI	608-266-3585
Medicare Prescription Drug Helpline	855-677-2783

Other Insurance(not eligible for Medicare or Medicaid)

Marketplace (Affordable Care Act www.healthcare.gov)	800-318-2596
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Prescription Drug Assistance

ADRC Benefit Specialists can help find a plan of coverage. The plan covers the cost of prescription drugs and may help lower prescription drug costs.

SeniorCare (Age 65+ and WI resident) http://www.dhs.wisconsin.gov/seniorcare/index.htm	800-657-2038
Medicare http://medicare.gov/	800-633-4227

Part D Helpline (Age 59 or younger)	800-926-4862
Part D Helpline (Age 60+)	855-677-2783
Needy Meds	www.needymeds.org

Energy and Utility Assistance

Fuel Assistance	608-723-2136
WI Home Energy Assistance Program(WHEAP)	608-267-3680
Alliant Utilities Customer Plus	800-255-4268
Salvation Army	Boscobel-608-375-4122 Platteville-608-348-2313 Cuba City-608-744-3575 Lancaster-608-723-4188
Southwest CAP(weatherization, furnace assistance, rental assistance)	800-704-8555
Platteville Thrift Store (helps Platteville residents with utility bills)	608-348-7947
Emergency Assistance (notice to disconnect utilities for families only)	608-441-9083 800-771-8420

Telephone Assistance To qualify for telephone assistance an individual must qualify for Homestead Tax Credit, W2, Medicaid, Badgercare, SSI, or Food Share.

Lifeline & Link-Up (monthly discount telephone bill assistance)	Call your phone company provider
SafeLink Wireless (free cell phone & minutes) https://www.safelinkwireless.com	800-977-3768

BENEFIT ASSISTANCE AND SERVICES

Benefit Specialists help people over the age of 60 or adults with a disability under the age of 59 in accessing both private or public programs and benefits. They can provide information and advocacy on a wide range of issues and assist with the application and/or appeal process for public and private benefits like Medicare, Social Security, Disability, SeniorCare, Supplemental Security Income, Medicaid, prescription drug coverage, and Medigap Insurance.

Aging & Disability Resource Center's Benefit Specialists	608-723-6113 Toll Free # 800-514-0066
Southern Consortium www.access.wi.gov	888-794-5780
Social Security Administration 175 W. Alona Lane Lancaster, WI Office open 9:00-4:00 (Monday, Tuesday, Thursday, Friday) Wednesdays 9:00-Noon	877-405-7841

ADVOCACY

Greater Wisconsin Agency on Aging Resources, Inc. (GWAAR) <i>(Advocacy for the Aging, Membership & Legal Services)</i>	608-243-5670
Access to Independence <i>(Information & advocacy for people with disabilities)</i>	800-362-9877
Family Advocates Inc.,-Platteville 24 hour crisis line	608-348-9955 800-924-2624
Disability Rights of Wisconsin	608-267-0214

	Toll Free 800-928-8778 TTY 888-758-6049
Independent Living Resources	888-474-5745
Ombudsman Program	800-815-0015
Housing Discrimination Hotline	800-765-9372
Elected Officials State Legislators www.legis.state.wi.us Congress www.house.gov www.senate.gov	800-362-9472 202-224-3121
Victim Witness Coordinator	608-723-2462

LEGAL SERVICES

Guardianship/Power of Attorney

Grant County Department of Social Services	608-723-2136
Guardianship Hotline Guardian@gwaar.org	855-409-9410
Wisconsin State Bar- Lawyer Referral and Information Service	800-362-9082
Southwest CAP	608-935-2326
Wisconsin State Bar Referral Services	800-362-9082
Corporate Guardianship – Southwestern Wisconsin Community Action Program	608-574-2808

POA HealthCare and POA Finance Forms: Department of Health Services website- www.dhs.wisconsin.gov/forms/advdirectives or can be obtained from the ADRC.

Abuse and Neglect Resources

Division of Quality Assurance, Southern Regional Office	800-642-6552
Bureau of Assisted Living	608-264-9888
Bureau of Nursing Home Resident Care	608-266-7474
Caregiver Quality	608-261-8319
Disability Rights Wisconsin, Madison	608-267-0368 Toll Free: 800-928-8778
Grant County Department of Social Services	608-723-2136
Family Advocates, Inc 24 hour crisis line	608-348-5995 800-924-2624
Grant County Dept. of Social Services (Mon-Fri) 8:00-4:30pm	608-723-2136 After Hours 608-723-2157
Wisconsin Coalition against Domestic Violence www.wcadv.org	608-255-0539
Wisconsin Coalition against Sexual Assault www.wcasa.org	608-257-1516
Passages, Richland Center	608-647-8775

General Legal Aid and Services

Better Business Bureau	800-273-1002
Wisconsin State Bar Referral Services	800-362-9082
Consumer Protection & Fraud Reporting	800-998-0700
Ombudsman Program (WI Board on Aging & Long Term Care)	800-815-0015
Legal Action of Wisconsin 205 5 th Ave South- La Crosse Tues. and Thurs. only	608-830-1100 or 800-873-0927 800-947-3529 (TTY, VCO or HCO)
WI Dept. of Ag, Trade, and Consumer Protection	800-422-7128
Tenant Resource Center Rental Rights Phone	608-257-0006 Toll Free: 877-238-RENT Mediation Services: 608-257-2799
<u>UW-Madison Legal Clinic</u> Neighborhood Law Clinic Consumer Law Clinic Mediation Clinic	608 260-8221 608 263-6283 608 262-4870



FOOD RESOURCES

Nutrition Sites—Congregate Meal Sites

Congregate and home delivered meals are provided to help older persons remain healthy, active and independent. The following list is the Dining Sites in Grant County. For eligibility, contact the ADRC at 723-6113 or 1-800-514-0066.

Bagley 400 S. Jackley (Mon, Wed, Fri) 12:00PM	608-996-2031
Blue River 201 Clinton St (Mon-Thur) 11:30AM	608-537-2787
Boscobel 104 E. Oak St (Mon-Fri) 12:00PM	608-375-4505
Cassville 11:30AM 100 W. Amelia St (Tues-Wed-Thurs)	608-725-5923
Cuba City 418 W. Palmer St (Mon-Fri) 11:30AM	608-744-2780
Dickeyville 500 Eastern Ave (Tuesdays) 11:30AM	608-568-3612
Fennimore 925 Eisenhower St (Mon-Fri) 12:00PM	608-822-6867
Lancaster 714 S. Washington St (Mon-Fri) 12:00PM	608-723-6500
Montfort 102 E. Park (Mon- Fri) 12:00PM	608-943-6299
Muscoda 206 N. Wisconsin Ave (Mon-Fri) 12:00PM	608-739-3180
Platteville 55 S. Court St (Mon-Fri) 11:30AM	608-348-8042

Home Delivered Meals/Frozen Meals/Nutritional Supplement

Aging & Disability Resource

Center.....608-723-6113

(Please call for information regarding eligibility)

Home Delivery of Groceries

Bender's Foods, Fennimore	608-822-6112
Hartig Drug, Platteville	608-348-9771

Okey's Market, Cassville	608-725-5178
Thompson's IGA, Cuba City	608-744-2213

Nutrition Information

Wisconsin Nutrition Education Program(WNEP)	608-723-2125
FoodShare Program	888-794-5480
FoodShare Helpline-Second Harvest	877-366-3635
Senior Farmer's Market Nutrition Program	608-723-6113

Food Pantries

Boscobel Assembly of God- 301 Chestnut St <i>Monday-Thursdays 9 am-3pm, must reside in Boscobel area</i>	608-375-5088
Boscobel United Methodist Church Food Pantry-104 Buchanan St <i>3rd Saturday of each month, 8:30am-10:00am, must reside in Boscobel area</i>	608-375-4565
Boscobel Immaculate Conception Mobile 405 E. Legrand St <i>3rd Tuesday 11:30am-12:30pm (Second Harvest FoodBank)</i>	
Boscobel- SWCAP Northern Grant Co- 402 Johnson St <i>Available Mon, Wed & Friday 9:00am-4:00pm, limited to northern grant co. residents</i>	608-375-5903
Cassville Emergency Food Fund <i>Limited</i>	608-725-2340, 608-725-5595,

<i>to Cassville School District, Anytime</i>	or 608-725-5528
Fennimore Food Pantry-1170 Lincoln Ave <i>1st & 3rd Wednesday 1:30-4:30p.m(limited to Fennimore)</i>	608-822-4060
Hazel Green Food Pantry- 2115 N. Main <i>Available Saturdays 9-11am & Tuesdays 6-7pm. Southern Grant County</i>	608-854-2536
Lancaster Food Pantry- 225 S. Madison <i>Available Mon & Thursday 7-8pm(limited to Lancaster, Potosi, Cassville, Montfort, Livingston)</i>	608-723-7070
Low Income Food Exchange(LIFE) *Free food monthly in large quantities for families in Lancaster, Bloomington, Cassville, Fennimore, and Potosi areas. (April-November only) 1 st Friday of month	608-723-2691
LCIC- Emergency Food Pantry <i>Tuesday- Friday 10am- 5pm- Call ahead</i>	608-943-6244
Muscoda- Riverdale Food Pantry- 116 N. Beech <i>Available 3rd Monday 2:30pm-5:00pm (Limited to Riverdale School District residents)</i>	608-739-4017
Patch Grove- St. Johns Mobile Food Pantry- 231 N. Wyalusing St <i>2nd Tuesday 1:30-2:45 pm (Second Harvest FoodBank)</i>	
Platteville Food Pantry Available 1 st , 2 nd , 4 th , and 5 th Thursdays 9:00am-12:30pm & 3 rd Thursday 5:30-7:00pm. Limited to Platteville residents.	608-778-8572
St. Mary's Mobile Food Pantry- 345 N.	

Court St. Platteville <i>Available 3rd Friday 10:00-11:00am</i> <i>(Second Harvest FoodBank)</i>	608-348-9735
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Farmer’s Market Coupons:

The Senior Farmers’ Market Nutrition Program is geared for individuals who are over the age of 60. This program promotes seniors eating healthy by providing coupons to purchase fresh fruits and vegetables at the local farmer’s markets. The seniors receive \$25 in coupons that can be used at farmer’s markets throughout the state. Contact the Aging and Disability Resource Center at 608-723-6113 for more information.



HOUSING OPTIONS

For up-to-date and accurate information on types of housing and locations, please call the Aging and Disability Resource Center at 608-723-6113.

Apartments—Apartment living could eliminate yard care, home maintenance and possibly climbing stairs depending on the various locations. Apartment living can also increase social contact as well as reduce housing costs. Grant County offers a variety of rental housing for all income levels.

Public Housing and Housing Choice Voucher (Section 8 Program).....800-955-2232

The U.S. Department of Housing and Urban Development (HUD) administers Federal aid to local housing agencies (HAs) that manage the housing for low-income residents at rents they can afford.

Boscobel Housing Authority	608-375-4228
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Lancaster Housing Authority	608-723-7590
Platteville Housing Authority	608-348-9741
WIHousingSearch.org <i>A free housing locator service, was created to help people list and find safe and decent, affordable, accessible and, when necessary, emergency housing.</i>	877-428-8844

Residential Care Apartment Complexes (RCAC)- Independent apartment units in which the following services are provided: room and board, up to 28 hours per week of supportive care, personal care, and nursing services. Grant County does not have any RCACs.

Adult Family Homes—A place where 2 -4 adults who are not related to the operator reside and receive care, treatment or services that are above the level of room and board and that may include up to 7 hours per week of nursing care per resident. Counties certify one and two bed adult family homes; the State of Wisconsin licenses three and four bed adult family homes. The following list is the state licensed three and four bed adult family homes. Please contact the ADRC for information about one and two bed adult family homes.

Boscobel- Bonnies Adult Family Home	608-513-3805
Lancaster - Sunshine Assisted Living Adult Family Home	608-723-5424
Livingston- Cornerstone Foundation	608-935-1649
Montfort – Cornerstone Foundation	608-935-1649
Muscoda - Knapp Prairie View	608-739-3185
Muscoda – Marions Place	608-739-5037
Platteville - Hummingbird Adult Family Home	608-348-2993
Platteville - Mound View Adult Family Home	608-732-4540
Platteville – Vondras Country Living	608-778-8629

Community Based Residential Facilities (CBRF)- Sometimes referred to as **Assisted Living Facility**, A place where 5 or more unrelated people live together in a community setting. Services provided include room and board, supervision, support services, and may include up to 3 hours of nursing care per week.

Boscobel Vista	608-375-2616
Lancaster - CLA	608-723-4987
Lancaster - Morningside Assisted Living	608-723-5232
Platteville- Lyghthouse	608-348-4944
Platteville - Park Place Assisted Living	608-348-5310
Platteville - Our House Assisted Living	608-348-6622
Platteville - Sienna Crest Assisted Living	608-348-6450
Muscoda - Gracious Way Assisted Living	608-739-3450

Nursing Home & Rehabilitation Facilities

Facilities that offer skilled nursing care when extensive personal care and medical needs exist. *Check with the nursing home of your choice to see if they offer a Memory Care Unit, if applicable.

Boscobel Care & Rehab	608-375-6342
Cuba City-Epione Pavilion	608-744-2161
Fennimore-Good Samaritan Society	608-822-6100
Hazel Green-St. Dominic Villa	608-748-9814
Lancaster- Atrium Post- Acute Care	608-723-4143
Lancaster-Orchard Manor	608-723-2113

Muscoda-Golden Living Center	608-739-3186
Platteville-Gray's Nursing Home	608-349-6741
Platteville-Manor Care	608-348-2453

Emergency Housing Assistance
Grant County, WI

Family Advocates, Inc	608-348-5995
24 hour crisis line <i>(Located in Platteville. Provides services for women & children victims of domestic violence, sexual assault)</i>	800-924-2624
Dodgeville Southwest CAP	608-935-2326
Family Promise (only families with children) www.familypromiseofgrantcounty.com	608-723-3355
Forward Service Corporation Emergency Assistance (eviction notice required, only families with children)	608-441-9083 800-771-8420
New Beginnings (Furniture and Housing Donations)	608-574-1138
Platteville Area Thrift Store (Platteville Residents Only)	608-348-7947
Rural Housing www.wisconsinruralhousing.org	888-400-5974
Salvation Army	608-475-9040

Dubuque, IA

Males only:

Rescue Mission	563-583-1394
Catholic Workers	563-582-9079

Females only:

Safe Strides Emergency Shelter	563-556-7233
Maria House	563-582-7480
Teresa Shelter	563-690-0086
Dubuque Community Y- Domestic Violence Shelter	563-556-1100

HOUSING REPAIR AND REHABILITATION PROGRAMS

Most programs and funding are for: repair or replacement of roof, siding, windows and doors, electrical, heating system, plumbing system, handicapped accessibility improvements or modifications, energy efficiency improvements, and other general improvements. Contact the individual organizations for more information and requirements.

Habitat for Humanity of Grant County www.grantcountyhabitat.com	608-348-9119
Southwest CAP—Grant County Housing Rehabilitation Program www.swcap.org	608-935-2326 ext 217
Tomorrow’s Home Foundation Helping Hand Assistance Program (For Mobile Home Owners) www.tomorrowshomefoundation.org	608-255-1088
USDA Rural Development www.rurdev.usda.gov	608-935-2791 ext 4
Neighborhood Housing Services of Southwest Wisconsin www.nhsrwi.org	608-647-4949
City of Platteville Community Development Department www.platteville.org (Platteville homes only)	608-348-9741

TRANSPORTATION

Aging and Disability Resource

Center608-723-6113

Provide transportation for people with disabilities and/or age 60 and over, unless specifically indicated. Travel to nutrition sites, shopping & medical appointments are examples of what people use the transportation services for.

- **TRIPS Program**- For those that are not on medical assistance. Volunteer drivers provide transportation to medical and important business appointments to local and regional sites. A small fee is charged.
- **Grant County Taxi**- A wheelchair accessible, lowered floor minivan is used to transport people of ALL ages in the following communities:

Lancaster	723-6451	Tuesday and Thursday 7:30am-4:00pm
Boscobel	375-2275	Wednesday morning 8:30 am-Noon Friday afternoon 1:00 pm-4:00 pm
Fennimore	822-6644	Wednesday afternoon 1:00 pm-4:00 pm Friday morning 8:30am-Noon

(Note: For more information on taxi service during other hours, call 608-723-6113.)

- **Specialized Transportation**- Provides transportation for persons with mobility problems to medical appointments or other events. A fee is charged for this service.

- **Bus-** The ADRC operates two routes, North Route and South Route. Service is provided using wheelchair accessible. Small fee charged. Also, special trips to various locations offered throughout the year.

Other Transportation Services

MTM (For Medical Assistance beneficiaries who need medical transportation)	Reservation Line 866-907-1493 "Where's My Ride" 866-907-1494
Shared Ride Taxi-Platteville	608-348-6767
Platteville Cab Service	608-348-5678
Platteville Public Bus https://www.uwplatt.edu/transportation	608-348-9741 ext. 2238
Veteran's Van Transportation (Scheduling a ride is between the hours of 9:00am-6:00pm)	563-652-4110

Specialized Medical Transportation:

Coulee Trails Transport	800-771-8884
Freeman Transport	608-348-7980 or 800-595-2558
M & T Transport	608-778-4952

RECREATION

Senior Centers

Platteville	608-348-9934
Boscobel-Tuffley Center	608-375-4505

Other Recreational Sites

Pioneer Activity Center-Platteville www.uwplatt.edu	608-342-1568
Wisconsin Badger Camp-Platteville www.badgercamp.org	608-348-9689
Special Olympics www.specialolympicswisconsin.org	800-552-1324
Aging & Disability Resource Center (Prevention & Wellness Classes, Specialized Bus Trips)	608-723-6113

Volunteer Opportunities

“Volunteers don’t necessarily have the time, but have the heart”

Aging & Disability Resource Center	608-723-6113
Southwest CAP Foster Grandparent Program	800-704-8555

CAREGIVER SUPPORT PROGRAM

Caregiver Support Programs help caregivers in their supportive role. These programs include, but are not limited to individual counseling, support groups, caregiver training, and respite care.

Alzheimer’s Family Caregiver Support Program (AFCSP)	608-723-2136
National Family Caregiver Support Program (NFCSP)	608-723-6113
Veteran Affairs Caregiver Support Line	855-260-3274

SUPPORT GROUPS

Support Groups are an excellent way to give and receive support. Support Groups are designed for friends, family and caregivers, as well as the individual affected by a particular disease or disability.

The following maintain a list of support groups

Aging & Disability Resource Center	608-723-6113
Alzheimer's & Dementia Alliance	888-308-6251
Caregiver Support Group	608-723-6113
Grief Support Group-Platteville	608-348-7330
Grief Support Group- Richland Center	877-356-4514
Grief Share - Platteville	608-348-7330
Mental Health Support Group	608- 375-2541
MS Support Group	608-778-1253
Parkinson's Support Group	920-539-3079

Need information on a surrounding county Aging & Disability Resource Center?

Iowa County
303 W. Chapel St
Dodgeville, WI
608-930-9835

Green County
N3152 State Rd 81
Monroe, WI
608-328-9499

Lafayette County
627 Main St
Darlington, WI
608-776-4960

Website www.adrcswwi.org

Want information on an Aging & Disability Resource Center, not listed above?

Go to <http://www.dhs.wisconsin.gov/adrc/> for a complete listing of Wisconsin ADRC's.