



# OCTOBER 2018



October 1 Pulled Pork on a Bun Sweet Potatoes Waldorf Salad Rosey Pears Poke Cake w/Topping	Oct. 2 Chicken & Dumplings w/Vegetables Aunt Carol's Salad Peach Crisp	Oct. 3 Beef Tips over Mashed Potatoes Seasoned Green Beans Pineapple Tidbits Baked Apple w/Cinnamon	Oct. 4 Pasty Broccoli & Raisin Salad Whole Wheat Dinner Roll Banana Cookie (Baker's Choice)	Oct. 5 Baked Cod w/Tartar Sauce Baby Red Potatoes Cucumber Tomato Salad (3/4 cup) Black Bean Brownie
Oct. 8 Porcupine Meatballs O'Brien Potatoes Seasoned Carrots Mixed Greens w/Dressing Scotcheroo Bar	Oct. 9 Ring Bologna Oven Brownd Potatoes Pea & Cheese Salad Pineapple Upside Down Cake	Oct. 10 Meatloaf Scalloped Potatoes Stewed Tomatoes Three Bean Salad Strawberry Gelatin w/Topping	Oct. 11 Boiled Dinner w/Ham, Potatoes, Carrots & Cabbage Creamy Coleslaw Rice Cereal Treat	Oct. 12 <b>Muscoda Birthday</b> Roast Pork Ranch Mashed Potatoes Mixed Vegetables Peaches Frosted Cake
Oct. 15 Beef Stew over a Baking Powder Biscuit Spinach Salad Mixed Fruit Cheesecake w/Fruit Topping	Oct. 16 BBQ Chicken Breast Baked Potato Seasoned Mixed Vegetables Chunky Applesauce Butterfinger Dessert	Oct. 17 Roast Beef/Gravy Mashed Potatoes Honey Glazed Carrots Pears Frosted Cake <b>Birthday's – Platteville, Cuba            City, Fennimore &amp; Montfort</b>	Oct. 18 Chili w/Beans Egg Salad Sandwich on Whole Wheat Bread Pineapple Chunks Seven Layer Bar	Oct. 19 Spaghetti w/Meat Sauce Green Beans Tropical Fruit French Bread Baker's Choice Cookie
Oct. 22 Goulash (1¼ cup) Corn Bread Square Mandarin Orange Slices Apple Pie Square	Oct. 23 Hamloaf O'Brien Potatoes Seasoned Broccoli Peaches Mississippi Mud Bar	Oct. 24 Salisbury Steak Duchess Potatoes Mixed Greens w/Dressing Dinner Roll Chocolate Cherry Bar	Oct.25 <b>Boscobel Birthday</b> Baked Chicken Au Gratin Potatoes Seasoned Corn Sunshine Salad Frosted Cupcake	Oct. 26 <b>Elderfest</b> Sloppy Joe on a Bun Cowboy Potatoes Baked Beans Apricots Vanilla Pudding Pie Dessert
Oct. 29 Chicken & Dressing Casserole Green & Wax Beans Tropical Fruit Angel Food Cake w/Glaze	Oct. 30 Creamy Broccoli Soup Ham Salad Sandwich on Whole Wheat Bread Apple Aunt Carol's Salad Snickerdoodle Cookie	Oct. 31 Hamburger on a Bun w/Onions, Mushrooms Potato Salad Maple Baked Beans Sour Cream Raisin Pie Square	Nov. 1 Lasagna Mixed Vegetables Coleslaw French Bread Lemon Bar	Nov. 2 Pepper Steak Mashed Potatoes Orange Pineapple Salad Banana Bread Pudding w/Caramel Sauce

**\*\* Unless another bread item is listed, all meals include a serving of Whole Wheat Bread.** All menus are prepared in kitchens that are not allergen free. We cannot guarantee that food allergens will not be transferred through cross contact and therefore cannot offer a substitution item for food allergies, intolerances or personal preferences.